



The Aspinall Arms ~ Daily Breakfast Menu

Available seven days a week from 2nd November 2026

Breakfast

Full English, bacon, sausage, black pudding, mushrooms, tomato, hash brown, beans, fried eggs (gfa) *1026 kcal 13.95*

Vegetarian full English, sausages, mushrooms, tomatoes, hash brown, baked beans, fried eggs (v) *959 kcal 12.95*

Kids Breakfast toast, sausage, bacon, beans, hash brown and a choice of egg *700 kcal 7.95*

Toast with butter and jam (v, gfa) *541 kcal 3.45*

Toasted crumpets, butter and jam (v) *493 kcal 3.45*

Pan fried mushrooms and spinach, poached egg, malted toast (v, gfa) *401 kcal 8.95*

Eggs

Eggs Benedict, honey roast ham, soft poached egg, hollandaise sauce *785 kcal 9.95*

Eggs Florentine, buttered spinach, soft poached egg and Hollandaise sauce (v) *741 kcal 8.95*

Eggs Royale, smoked salmon, soft poached egg, hollandaise sauce *797 kcal 10.95*

Small Plates

Grilled back bacon bap (gfa) *698 kcal 5.95*

Pork and leek sausage bap (gfa) *679 kcal 5.95*

Add on

Pork sausage (gf) *190 kcal 2.00*

Add baked beans (vg, gf) *81 kcal 2.00*

Fried egg (v, gf) *110 kcal 0.75*

Portobello mushroom (v, gf) *38 kcal 2.00*

Bacon (gf) *108 kcal 2.00*

Hash brown Hash brown (vg, gf) *179 kcal 2.00*

Black pudding (gf) *69 kcal 1.34*

Additional Menu Information



Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

The Aspinall Arms - www.aspinallarmspub.co.uk - 01254 826 555