



Royal Foresters - Sunday Menu

- Wednesday 16th September 2026 -

STARTERS

King prawn and lobster cocktail, brown bread and butter 566 kcal 11.95

King prawns, garlic butter, puccia bread 349 kcal 8.75

Beetroot and thyme arancini, pickled apple puree, crumbed vegan feta (vg, ngci) 436 kcal 8.95

Celeriac, cider and caramelised apple soup, crispy sage, chive oil, warm seeded roll (v, ngcia) 575 kcal 7.95

NIBBLES AND SHARERS

Gordal olives (vg, ngci) 139 kcal 4.95

Red pepper and tomato hummus, puccia (vg) 444 kcal 6.45

Crispy squid, sweet chilli 425 kcal 8.45

Spicy chorizo, honey, red wine (ngci) 617 kcal 6.95

Padron peppers, sea salt (vg, ngci) 131 kcal 6.25

Halloumi fries, jalapeño mayonnaise (v, ngci) 615 kcal 7.75

Buffalo chicken wings, blue cheese dip (ngci) 685 kcal 7.95

Sharing Antipasto - chorizo Iberico, salami, serrano, burrata, olives, hummus, puccia bread 1033 kcal 19.95

SUNDAY ROAST

Mixed roast beef (served pink), porchetta (slow roasted belly), all the trimmings 23.95

Slow roasted duck leg, duck fat roasties, orange purée, red wine jus (ngci) 21.95

Roast porchetta, (slow roasted belly) sage and apple stuffing, apple sauce 21.95

Mushroom bourguignon pie, red wine gravy (vg, ngci) 16.95

Sunday sides -

Duck fat roast potatoes (ngci) 232 kcal 3.95

MAINS

Cornish sole, baby potatoes, soft herb butter, leek samphire and hispi (ngci) 923 kcal 25.95

Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1292 kcal 19.45

Beer battered fish and chips, mushy peas, tartare sauce (ngci) 1278 kcal 19.95

Bavette "steak frites", (served pink), roast plum tomato, portobello mushroom, rocket salad, fries (ngci) 1278 kcal 23.95

King prawn linguine, white wine, fennel and cream sauce, courgettes, cherry tomatoes, Parmesan crisp 522 kcal 18.95

Rich venison bolognese, pappardelle pasta, wild mushrooms, beetroot and parmesan shards 939 kcal 18.95

Pea and mint tortellini, spinach and watercress purée, mint, pickled shallots, broad beans, (vg) 472 kcal 16.95

Crispy squid, chorizo, heritage tomato, salad, saffron, garlic and lemon aioli 1092 kcal 17.95

Honey and thyme glazed goats cheese, chicory and beetroot salad, tomato hummus, pine nuts (v) 483 kcal 16.95

Roast sweet potato, beluga lentil, puffed rice, harissa chickpea salad, with roasted red peppers (vg) 665 kcal 14.95

Salad Toppings -

Fried halloumi (v, ngci) 470 kcal 5.45

King Prawns (ngci) 232 kcal 5.45

Steak sauces - Peppercorn sauce (ngci) 129 kcal 2.45 - Bearnaise sauce (v, ngci) 251 kcal 2.45 -

PIZZA

Our dough is made in-house and proofed for 48 hours. Each pizza is cooked in our wood-fire oven, creating a perfectly charred crust and finished with extra virgin olive oil.

Buffalo chicken pizza, blush tomato, franks hot sauce and ranch dressing 1350 kcal 16.45

Chorizo, green chilli and oregano pizza 1068 kcal 16.45

Nduja & hot honey mozzarella, rocket, red chilli 1218 kcal 16.45

Napoli salami and Nduja Pizza - fior di latte mozzarella, fresh garlic, and red chillies 1292 kcal 16.45

Pollo bianco Pizza - roast chicken, fior di latte mozzarella, crispy pancetta, garlic, caramelised red onion 1393 kcal 16.45

Three cheese Pizza - Gorgonzola, fior di latte, parmesan, basil oil and rocket 1196 kcal 16.45

Funghi and truffle Pizza - mascarpone and truffle cream, fior di latte mozzarella, sautéed mushroom (v) 1379 kcal 15.95

Margherita Pizza - tomato, fior di latte mozzarella, fresh basil (v) 932 kcal 14.95

Dips - Black garlic aioli (v, ngci) 254 kcal 1.75 - Jalapeño mayonnaise (v, ngci) 139 kcal 1.75 -
Hot honey (v, ngci) 123 kcal 1.75 - Nduja mayonnaise (ngci) 245 kcal 1.75

SIDES

Mini Caesar salad 373 kcal 5.75

Puccia Bread, garlic butter (v) 1071 kcal 6.25

Onion rings (ngci) 289 kcal 5.45

Truffle parmesan fries (ngci) 450 kcal 6.95

Lebanese Fries (vg) 566 kcal 6.45

Coleslaw (v, ngci) 233 kcal 3.75

DESSERTS AND CHEESE

Summer berry and meringue sundae, clotted cream ice cream, white chocolate (v, ngci) 699 kcal 9.45

Sticky toffee pudding, toffee sauce, vanilla ice cream (v, ngci) 662 kcal 8.45

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, ngci) 918 kcal 8.45

Hot waffle, caramelised banana, salted caramel sauce, honeycomb ice cream (v) 802 kcal 8.45

Amaretto affogato - espresso, vanilla ice cream & amaretto (v, ngci) 264 kcal 8.25

Selection of British and French cheeses, spiced apricot chutney, biscuits (v) 694 kcal 12.95

Cheshire Farm Ice Cream - Please ask for available flavours 2.75 per scoop (v, gf)

Vanilla (v, ngci) 125 kcal / Chocolate (v, ngci) 127 kcal / Strawberry (v, ngci) 124 kcal / Marmalade (v) 128 kcal /

Honeycomb (v, ngci) 137 kcal / Raspberry Ripple (v, ngci) 128 kcal / Raspberry Sorbet (vg, ngci) 68 kcal /

Toffee Fudge (v, ngci) 137 kcal / Cherry Sorbet (vg, ngci) 83 kcal

Mini Dessert and a Hot Drink - Choose from a mini version of our desserts with a tea or coffee of your choice.

Sticky toffee pudding, vanilla ice cream (v, ngci) 390 kcal 9.45

Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, ngci) 572 kcal 9.45

Waffle, vanilla ice cream, toffee sauce (v) 519 kcal 8.45



Additional Menu Information

Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Non-Gluten Containing Ingredient Dishes – Indicates that the dish does not have any gluten containing ingredients. We do not make any 'free from' claims or declare that any of our dishes are gluten free. As we handle many allergens in our busy kitchens, we cannot guarantee all traces of allergens are completely removed.

v - vegetarian, vg - vegan, ngci - non gluten containing ingredients, ngcia - non gluten containing ingredients adaptable, just ask.