



# The Sparrowhawk ~ Bank Holiday Monday Menu

~ Monday 31st August 2026 ~

## Starters and Nibbles

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- Roasted tomato and basil pesto soup**, warm seeded roll (v) 502 kcal 7.95
- Black pudding**, toasted muffin, leeks, poached egg, mustard sauce 414 kcal 8.95
- Tandoori onion bhaji**, pickled ginger and cucumber salad, mango and chilli dressing (vg) 483 kcal 7.95
- Severn and Wye smoked salmon**, spiced avocado purée, shaved fennel, radish, croutes 300 kcal 9.95
- Glazed goats cheese tart**, heritage tomatoes, basil pesto, fine beans 415 kcal 8.95
- Chicken liver pâté**, carrot and apricot chutney, toasted bloomer (gfa) 513 kcal 8.95
- BBQ chicken wings (gf) 658 kcal 7.95      Crispy chilli beef, cashew nuts (gf) 473 kcal 8.25
- Balti prawns, toasted naan 442 kcal 8.95      Halloumi fries, spiced hot honey (v, gf) 616 kcal 7.95
- Red pepper and tomato hummus, flatbread (vg) 490 kcal 6.95      Crispy squid, sweet chilli 414 kcal 7.95

## Main Courses

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- 6oz Black Angus fillet steak**, pepper sauce, portobello mushroom, tomato, chunky chips (gf) 1103 kcal 37.95
- 8oz dry-aged sirloin steak**, peppercorn sauce, portobello mushroom, tomato, truffle and Parmesan fries (gf) 1310 kcal 33.95
- Braised shoulder of lamb**, dauphinoise potatoes, greens, rosemary gravy (gf) 1289 kcal 26.95
- Basil pesto and spinach gnocchi**, sun blush tomatoes, roasted butternut squash, pine nuts (vg) 806 kcal 17.95
- Smoked haddock and salmon fishcakes**, tomato, spring onion salad (gf) 849 kcal 17.95
- Confit Gressingham duck leg**, hasselbacks, carrot and mustard purée, Madeira sauce 1120 kcal 21.95
- Crispy buttermilk chicken burger**, pancetta, garlic mayonnaise, slaw, fries 1255 kcal 18.95
- Beer battered fish and chips**, mushy peas, tartare sauce (gf) 1278 kcal 19.25
- Bacon chop**, fried egg, roast tomato, portobello mushroom, chunky chips (gf) 1080 kcal 18.95
- Appleby's Cheshire cheese, onion and potato pie**, green vegetables, white wine mustard sauce (v, gf) 1213 kcal 18.25
- Crispy beef salad**, sweet chilli sauce, roasted cashew nuts (gf) 870 kcal 18.45
- Cauliflower, chickpea and pepper jalfrezi** almond pilau rice, carrot and onion bhaji (vg) 777 kcal 17.45
- Pork tenderloin, ham hock and Barber's cheddar fritter**, pickled green apple, cider and wholegrain mustard sauce 708 kcal 21.95
- Chicken, ham and leek pie**, buttered mash, green vegetables, white wine and tarragon sauce (gf) 1230 kcal 18.95
- Steak burger** beer onions, grilled bacon, Monterey Jack cheese, spiced tomato mayonnaise, fries 1398 kcal 18.95
- Fillet steak sandwich**, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 963 kcal 16.45

## Sides

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|-------------------------------------------|-------------------------------------|-------------------------------------------|
| Buttered vegetables (v, gf) 175 kcal 4.95 | Chunky chips (vg, gf) 535 kcal 4.95 | Truffle parmesan fries (gf) 450 kcal 6.95 |
| Buttered Mash (v, gf) 285 kcal 4.45       | Fries (vg, gf) 377 kcal 4.95        | Garlic bread (v) 421 kcal 5.75            |
| Garlic bread, cheese (v) 629 kcal 5.95    | Peppercorn sauce (gf) 129 kcal 2.95 | Mixed salad (vg, gf) 100 kcal 4.95        |

## Puddings

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**Eton mess**, strawberries, raspberry compote, vanilla cream, crushed meringue (v, gf) 429 kcal 8.95

**Raspberry ripple Arctic slice**, raspberry sauce (v) 378 kcal 8.95

**Biscoff cheesecake**, raspberry sorbet (vg) 664 kcal 8.95

**Hot waffle**, caramelised banana, salted caramel sauce, honeycomb ice cream (v) 762 kcal 8.75

**Triple chocolate brownie**, chocolate sauce, vanilla ice cream (v, gf) 884 kcal 8.95

**Sticky toffee pudding**, toffee sauce, vanilla ice cream (v, gf) 662 kcal 8.95

**Glazed lemon tart**, raspberry sorbet (v) 345 kcal 8.95

**Fruit scone**, served with clotted cream and jam (v) 606 kcal 6.95

## Cheeseboard

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**Cheese**, biscuits, quince, carrot and apricot chutney, grapes and celery, select from below (v) 476 kcal

Blacksticks Blue (v, gf) 98 kcal

West Country Brie (v, gf) 87 kcal

Kidderton Ash Goats (v, gf) 83 kcal

Shorrocks Lancashire Bomb (v, gf) 103 kcal

Garstang Blue (v, gf) 101 kcal

One cheese (v) 167 kcal 5.45

Three cheeses (v) 310 kcal 10.95

Five cheeses (v) 476 kcal 14.95

## Cheshire Farm Ice Cream and Sorbet

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Choose any of the below for 2.95 per scoop

Ice cream;

Vanilla (v, gf) 125 kcal / Strawberry (v, gf) 124 kcal / Chocolate (v, gf) 127 kcal / Mint Chocolate Chip (v, gf) 138 kcal /

Cherry (v, gf) 131 kcal / Honeycomb (v, gf) 137 kcal / Raspberry Ripple (v, gf) 128 kcal / Salted Caramel (v, gf) 135 kcal

Sorbet;

Raspberry Sorbet (vg, gf) 68 kcal / Passion Fruit Sorbet (vg, gf) 71 kcal / Lemon Sorbet (vg, gf) 74 kcal / Cherry Sorbet (vg, gf) 83 kcal

## Small pudding and a hot drink

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**Raspberry ripple Arctic slice** (v) 251 kcal 9.25

**Triple chocolate brownie**, vanilla ice cream, chocolate sauce (v, gf) 572 kcal 9.45

**Sticky toffee pudding**, vanilla ice cream (v, gf) 390 kcal 9.45

## Hot Drinks

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All our hot drinks are served with a gluten free flapjack

Selection of tea (v, gf) 24 kcal 3.95

Americano (vg, gf) 0 kcal 4.25

Espresso (vg, gf) 0 kcal 3.95

Double espresso (vg, gf) 0 kcal 4.25

Macchiato (v, gf) 11 kcal 4.25

Flat white (v, gf) 47 kcal 4.45

Cappuccino (v, gf) 48 kcal 4.45

Latte (v, gf) 122 kcal 4.45

Mocha coffee (v, gf) 194 kcal 4.45

Irish coffee (v, gf) 190 kcal 8.25

Hot chocolate (v, gf) 299 kcal 4.95

Hot chocolate and Baileys (v, gf) 381 kcal  
8.25



### Additional Menu Information

Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.