



Royal Foresters - Daily Royal Ascot Menu

- Tuesday 16th June 2026 -

STARTERS

King prawn and lobster cocktail, brown bread and butter 566 kcal 13.00
Asparagus, poached hens egg and hollandaise (ngci) 469 kcal 12.50
Collebianco burrata, slow roast heritage tomatoes, pesto, croutes (v) 631 kcal 11.95
Chicken, bacon and apricot croquette celeriac and chive slaw 291 kcal 9.50
Korean fried broccoli, kimchi, sesame, gotcha ketchup dressing (vg) 201 kcal 7.95
Leek and potato soup, warm seeded roll (v, ngcia) 589 kcal 7.45

NIBBLES AND SHARERS

Gordal olives (vg, ngci) 139 kcal 4.95 Buffalo chicken wings, blue cheese dip (ngci) 685 kcal 8.95
Red pepper and tomato hummus, puccia (vg) 458 kcal 6.45 Crispy squid, sweet chilli 414 kcal 8.95
Spicy chorizo, honey, red wine (ngci) 617 kcal 7.25 Halloumi fries, jalapeño mayonnaise (v, ngci) 615 kcal 8.25
Half pint shell on prawns, Marie Rose 315 kcal 7.95 Padron peppers, sea salt (vg, ngci) 131 kcal 6.25
Sharing Antipasto - chorizo Iberico, salami, serrano, burrata, olives, hummus, puccia bread 1038 kcal 19.95

MAINS

Sicilian fish stew; Monkfish, king prawns, mussels, hake, saffron aioli, croutes 609 kcal 22.95
King Prawn and lobster roll, avocado, fries, gem and garlic butter 1213 kcal 21.50
Moules marinière fries, crusty bread 1512 kcal 19.25
Salmon and smoked haddock fishcake, chorizo and chick pea stew, poached egg, saffron aioli (ngci) 807 kcal 16.50
Beer battered fish and chips, mushy peas, tartare sauce (ngci) 1139 kcal 21.50
Chicken, ham and leek pie, buttered mash, green vegetables, white wine and tarragon sauce (ngci) 1370 kcal 19.50
Porchetta, cavolo nero, peas, pancetta, baby potatoes, beer mustard cream sauce 1135 kcal 21.00
Chicken Milanese, garlic and sage butter, Caesar salad, fries 1238 kcal 19.75
Marinated grilled chicken, heirloom tomato linguine, chilli, parmesan and black olives 944 kcal 18.95
King prawn fettuccine, peas, edamame, spinach, asparagus lemon cream sauce 693 kcal 18.95
Pea and mint tortellini, spinach and watercress purée, mint, pickled shallots, broad beans, (vg) 472 kcal 16.95
Crispy squid, chorizo, heritage tomato, salad, saffron, garlic and lemon aioli 1092 kcal 17.95
Honey and thyme glazed goats cheese, chicory and beetroot salad, tomato hummus, pine nuts (v) 487 kcal 16.50
Roast sweet potato, beluga lentil, puffed rice, harissa chickpea salad, with roasted red peppers (vg) 665 kcal 14.95

Salad Toppings - King Prawns (ngci) 232 kcal 6.15 - Grilled chicken breast (ngci) 286 kcal 5.95 -

Fried halloumi (v, ngci) 470 kcal 5.45

ICARUS CHARGRILL

Monkfish and king prawns skewers, garlic chilli butter, heirloom tomato, radish, grilled asparagus, fries (ngci) 1041 kcal 24.95
Harissa and honey glazed half chicken, fries, Jalapeño lime dip (ngci) 1578 kcal 22.00
Lamb kofta, Levantine salad, mint yogurt, tomato hummus, puccia bread 1069 kcal 19.95
Moving mountains vegan burger, smoked applewood, spicy tomato mayonnaise, fries (vg) 1379 kcal 19.50
Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1292 kcal 19.50
16oz sirloin steak on the bone, herb roast plum tomato, portobello mushroom, rocket salad, fries (ngci) 1608 kcal 38.00
7oz Black Angus fillet steak, herb roast plum tomato, portobello mushroom, rocket salad, fries (ngci) 966 kcal 36.95
Bavette "steak frites", (served pink), roast plum tomato, portobello mushroom, rocket salad, fries (ngci) 1278 kcal 23.00
Fillet steak sandwich, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 963 kcal 18.95

Steak sauces - Peppercorn sauce (ngci) 129 kcal 2.45 - Bearnaise sauce (v, ngci) 261 kcal 2.45 -

SIDES

Puccia Bread, garlic butter (v) 1071 kcal Mini Caesar salad 373 kcal 5.75 Onion rings (ngci) 289 kcal 4.95
6.25
Truffle parmesan fries (ngci) 450 kcal Lebanese Fries (vg) 563 kcal 6.45 Coleslaw (v, ngci) 233 kcal 3.50
6.95

WOOD FIRE PIZZA

Our dough is made in-house and proofed for 48 hours. Each pizza is cooked in our wood-fire oven, creating a perfectly charred crust and finished with extra virgin olive oil.

Chorizo, green chilli and oregano pizza 1067 kcal 16.45

Nduja & hot honey mozzarella, rocket, red chilli 1217 kcal 16.45

Napoli salami and Nduja Pizza - fior di latte mozzarella, fresh garlic, and red chillies 1217 kcal 16.45

Pollo bianco Pizza - roast chicken, fior di latte mozzarella, crispy pancetta, confit garlic, caramelised red onion 1393 kcal 16.45

Prosciutto Pizza - fior di latte mozzarella, pecorino, black olive, rocket 1034 kcal 16.45

Funghi and truffle Pizza - mascarpone and truffle cream, fior di latte mozzarella, sautéed mushroom (v) 1365 kcal 16.00

Three cheese Pizza - Gorgonzola, fior di latte, parmesan, basil oil and rocket 1196 kcal 16.25

Margherita Pizza - tomato, fior di latte mozzarella, fresh basil (v) 932 kcal 14.95

DIPS - Nduja mayonnaise (ngci) 245 kcal 1.75 - Hot honey (v, ngci) 123 kcal 1.75 - Black garlic aioli (v, ngci) 254 kcal 1.75 -
Jalapeño mayonnaise (v, ngci) 139 kcal 1.75

SANDWICHES UNTIL 5PM

Eggs Royale Severn and Wye smoked salmon, soft poached egg and Hollandaise 700 kcal 13.95

Eggs Benedict, roast ham, soft poached egg and Hollandaise 654 kcal 12.95

Chicken, chorizo, tomato and mozzarella ciabatta, sun dried tomato and pine nut pesto 668 kcal 12.95

Fish finger sandwich, tartare sauce 703 kcal 12.95

Sautéed wild mushrooms on toasted ciabatta, garlic, spinach, truffle oil (vg) 419 kcal 11.95

DESSERTS AND CHEESE

Summer berry and meringue sundae, clotted cream ice cream, white chocolate (v, ngci) 699 kcal 9.45

Sticky toffee pudding, toffee sauce, vanilla ice cream (v, ngci) 662 kcal 8.45

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, ngci) 933 kcal 8.45

Lemon and lime posset, summer berries, oat granola (low sugar) (v, ngci) 299 kcal 7.45

Rhubarb, apple and ginger crumble tart, Bramley apple sorbet (vg, ngci) 502 kcal 8.95

Hot waffle, caramelised banana, salted caramel sauce, honeycomb ice cream (v) 802 kcal 8.45

Amaretto affogato - espresso, vanilla ice cream & amaretto (v, ngci) 167 kcal 8.25

Selection of British and French cheeses, spiced apricot chutney, biscuits (v) 693 kcal 12.95

Cheshire Farm Ice Cream - Choose from the following flavours 2.75 per scoop (v, gf)

Vanilla (v, ngci) 125 kcal / Chocolate (v, ngci) 127 kcal / Strawberry (v, ngci) 124 kcal / Honeycomb (v, ngci) 137 kcal /

Raspberry Ripple (v, ngci) 128 kcal / Raspberry Sorbet (vg, ngci) 68 kcal

Mini Dessert and a Hot Drink - Choose from a mini version of our desserts with a tea or coffee of your choice.

Sticky toffee pudding, vanilla ice cream (v, ngci) 390 kcal 9.25

Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, ngci) 580 kcal 9.25

Mini waffle, honeycomb ice cream (v) 634 kcal 9.25

Additional Menu Information



Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Non-Gluten Containing Ingredient Dishes – Indicates that the dish does not have any gluten containing ingredients. We do not make any 'free from' claims or declare that any of our dishes are gluten free. As we handle many allergens in our busy kitchens, we cannot guarantee all traces of allergens are completely removed.