



# Royal Foresters - - Daily Menu-

## STARTERS

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**Severn and Wye smoked salmon**, avocado, fennel, seeded toast (ngci) 269 kcal 11.95

**Chicken, bacon and apricot croquette** celeriac and chive slaw 291 kcal 8.95

**Burrata**, broad beans, peas and pesto (v, ngci) 517 kcal 10.95

**Spring vegetable risotto**, peas, broad beans, asparagus, lemon (vg, ngci) 231 kcal 9.45

## NIBBLES AND SHARERS

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**Gordal olives** (vg, ngci) 139 kcal 4.95

**Garlic and parmesan chicken wings**, herb aioli (ngci) 769 kcal 7.95

**Red pepper and tomato hummus**, puccia (vg) 458 kcal 6.45 **Crispy squid**, sweet chilli 414 kcal 7.95

**Halloumi fries**, jalapeño mayonnaise (v, ngci) 615 kcal 7.95 **King prawns**, garlic butter, puccia bread 349 kcal 8.75

**Padron peppers**, sea salt (vg, ngci) 131 kcal 5.95

**Sharing Antipasto** - chorizo Iberico, salami, serrano, burrata, olives, hummus, puccia bread 1038 kcal 19.95

## MAINS

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**Beer battered fish and chips**, mushy peas, tartare sauce (ngci) 1139 kcal 19.25

**Porchetta**, cavolo nero, peas, pancetta, baby potatoes, beer mustard cream sauce 1135 kcal 18.95

**Chicken, ham and leek pie**, buttered mash, green vegetables, white wine and tarragon sauce (ngci) 1370 kcal 18.25

**Smoked haddock and salmon fishcake**, poached egg, dill hollandaise, lemon (ngci) 656 kcal 14.95

**Chicken Milanese**, garlic and sage butter, Caesar salad, fries 1238 kcal 19.25

**Hampshire Chalk stream trout**, confit potato, watercress purée, sauce vierge (ngci) 755 kcal 24.95

**Moules marinière** fries, crusty bread 1500 kcal 16.45

**Pan fried chicken pappardelle**, wild mushrooms, tarragon, white wine sauce 1044 kcal 18.95

**King prawn linguine**, garlic, chilli, parmesan and basil 847 kcal 18.95

**Pea and mint tortellini**, spinach and watercress purée, mint, pickled shallots, broad beans, (vg) 472 kcal 16.95

**Thai chicken salad**, coconut and lime dressing, chilli, pak choi, mango (ngci) 251 kcal 17.95

**Burrata, melon and Serrano ham salad**, honey balsamic, chilli, toasted seeds (ngci) 629 kcal 17.45

**Roast sweet potato, beluga lentil, puffed rice, harissa chickpea salad**, with roasted red peppers (vg, ngci) 663 kcal 14.95

**Salad Toppings** - King Prawns (ngci) 232 kcal 5.45 - Grilled chicken breast (ngci) 286 kcal 5.95 -

Fried halloumi (v, ngci) 470 kcal 2.95

## ICARUS CHARGRILL

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**Steak burger**, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1292 kcal 18.45

**Lamb kofta**, Levantine salad, mint yogurt, tomato hummus, puccia bread 1066 kcal 19.95

**Harissa and honey glazed half chicken**, fries, Jalapeño lime dip (ngci) 1578 kcal 19.95

**8oz dry-aged sirloin steak**, portobello mushroom, tomato, truffle and Parmesan fries (ngci) 1109 kcal 32.95

**Moving mountains vegan burger**, smoked applewood, spicy tomato mayonnaise, fries (vg) 1379 kcal 18.45

**Bavette "steak frites"**, (served pink), roast plum tomato, portobello mushroom, rocket salad, fries (ngci) 1278 kcal 21.95

**Steak sauces** - Peppercorn sauce (ngci) 137 kcal 2.45 - Bearnaise sauce (v, ngci) 261 kcal 2.45 -

## SIDES

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Puccia Bread, garlic butter (v) 1071 kcal 6.25    Mini Caesar salad 373 kcal 5.75    Onion rings (ngci) 289 kcal 4.95  
Lebanese Fries (vg) 563 kcal 6.45    Truffle parmesan fries (ngci) 450 kcal 6.95    Coleslaw (v, ngci) 233 kcal 3.50

## WOOD FIRE PIZZA

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Our dough is made in-house and proofed for 48 hours. Each pizza is cooked in our wood-fire oven, creating a perfectly charred crust and finished with extra virgin olive oil.

**Margherita Pizza** - tomato, fior di latte mozzarella, fresh basil (v) 932 kcal 13.95  
**Napoli salami and Nduja Pizza** - fior di latte mozzarella, fresh garlic, and red chillies 1217 kcal 15.45  
**Pollo bianco Pizza** - roast chicken, fior di latte mozzarella, crispy pancetta, confit garlic, caramelised red onion 1393 kcal 16.45  
**Prosciutto Pizza** - fior di latte mozzarella, pecorino, black olive, rocket 1079 kcal 16.45  
**Funghi and truffle Pizza** - mascarpone and truffle cream, fior di latte mozzarella, sautéed mushroom (v) 1365 kcal 15.25  
**Three cheese Pizza** - Gorgonzola, fior di latte, parmesan, basil oil and rocket 1196 kcal 15.45  
**DIPS** - Nduja mayonnaise (ngci) 245 kcal 1.75 - Hot honey (v, ngci) 123 kcal 1.75 - Black garlic aioli (v, ngci) 254 kcal 1.75 - Jalapeño mayonnaise (v, ngci) 139 kcal 1.75

## SANDWICHES SERVED UNTIL 5PM

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**Fillet steak sandwich**, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 963 kcal 15.95  
**Chicken, chorizo, tomato and mozzarella ciabatta**, sun dried tomato and pine nut pesto 669 kcal 12.95  
**Sautéed wild mushrooms on toasted ciabatta**, garlic, spinach, truffle oil (vg) 419 kcal 11.95

## DESSERTS AND CHEESE

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**Triple chocolate brownie**, chocolate sauce, vanilla ice cream (v, ngci) 933 kcal 8.45  
**Black forest sundae**; brownie, boozy cherries, vanilla ice cream, Chantilly (v, ngci) 948 kcal 8.95  
**White chocolate and raspberry cheesecake**, white chocolate sauce 624 kcal 8.95  
**Toasted waffle**, toffee sauce, honeycomb ice cream (v) 808 kcal 8.45  
**Sticky toffee pudding**, toffee sauce, vanilla ice cream (v, ngci) 651 kcal 8.45  
**Rhubarb, apple and ginger crumble tart**, Bramley apple sorbet (vg, ngci) 502 kcal 8.95  
**Amaretto affogato** - espresso, vanilla ice cream & amaretto (v, ngci) 167 kcal 8.25  
**Selection of British and French cheeses**, spiced apricot chutney, biscuits (v) 693 kcal 12.95  
**Cheshire Farm Ice Cream** - Please ask for available flavours 2.75 per scoop (v, gf)  
Vanilla (v, ngci) 125 kcal / Chocolate (v, ngci) 127 kcal / Strawberry (v, ngci) 124 kcal / Honeycomb (v, ngci) 137 kcal / Raspberry Ripple (v, ngci) 128 kcal / Raspberry Sorbet (vg, ngci) 68 kcal

**Mini Dessert and a Hot Drink** - Choose from a mini version of our desserts with a tea or coffee of your choice.

Sticky toffee pudding, vanilla ice cream (v, ngci) 385 kcal 9.25    Mini waffle, honeycomb ice cream (v) 634 kcal 9.25

Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, ngci) 580 kcal 9.25



### Additional Menu Information

Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Non-Gluten Containing Ingredient Dishes – Indicates that the dish does not have any gluten containing ingredients. We do not make any 'free from' claims or declare that any of our dishes are gluten free. As we handle many allergens in our busy kitchens, we cannot guarantee all traces of allergens are completely removed.