



The Parrot

Children's Menu Bank Holiday

~ Friday 4th September 2026 ~

Starters

- Gordal olives** (vg, gf) 139 kcal 5.95
Halloumi fries, tomato relish (v, gf) 552 kcal 8.25
Garlic bread with cheese (v) 314 kcal 3.45
Pigs in blankets, gravy (gf) 423 kcal 8.25

Mains

- Roast beef (served pink)** with Yorkshire pudding (gfa) 696 kcal 14.95
Roast porchetta, pork and apple stuffing, crackling, apple sauce 747 kcal 14.45
Pork and leek sausage, mash, garden peas (gf) 596 kcal 8.95
Battered fish and chips, peas (gf) 594 kcal 9.95
Chicken goujons, chips, peas (gf) 746 kcal 8.95
Penne pasta, tomato sauce, cheese (v, gf) 714 kcal 8.95

Desserts

- Hot waffle, honeycomb ice cream** (v) 474 kcal 5.95
Chocolate brownie, vanilla ice cream (v, gf) 475 kcal 5.95
Sticky toffee pudding, vanilla ice cream (v, gf) 466 kcal 5.95

Hot chocolate, whipped cream, marshmallows Hot chocolate (v, gf) 299 kcal 4.7
(gf) 471 kcal 5.95

Cheshire Ice Creams & Sorbets

Choose any of the below for 2.95 per scoop

- Chocolate (v, gf) 127 kcal Strawberry (v, gf) 124 kcal Vanilla (v, gf) 125 kcal
Cherry Sorbet (vg, gf) 83 kcal Mango Sorbet (vg, gf) 62 kcal Raspberry Sorbet (vg, gf) 68 kcal



Additional Menu Information

Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

The Parrot - www.theparrotinn.co.uk - 01306 775 790

