

# The White Hart

## Children's Sunday Menu

### Nibbles

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- Garlic bread with cheese** (v) *316 kcal 3.45*  
**King prawns, garlic butter, ciabatta** *426 kcal 8.95*  
**Crispy baby squid**, lemon and dill mayonnaise *528 kcal 7.95*  
**Chickpea hummus, flatbread** (vg) *588 kcal 6.95*

### Mains

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- Roast beef (served pink)**, Yorkshire pudding, roast potatoes, vegetables (gfa) *693 kcal 16.45*  
**Roast pork belly**, pork and apple stuffing, apple sauce (gf) *789 kcal 15.45*  
**Beer battered fish and chips**, chips, mushy peas and tartare sauce (gf) *713 kcal 14.95*  
**Cumberland sausage**, chips, garden peas (gf) *633 kcal 9.95*  
**Mozzarella and tomato topped 'pizza' ciabatta**, fries (v) *514 kcal 8.95*  
**Penne pasta**, tomato sauce, cheese (v, gf) *714 kcal 8.95*

### Puddings

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- Chocolate brownie, vanilla ice cream** (v, gf) *482 kcal 5.55*  
**Hot waffle, banana, honeycomb ice cream** (v) *394 kcal 5.45*  
**Sticky toffee pudding, vanilla ice cream** (v, gf) *480 kcal 5.55*

### Ice Cream

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One scoop: £2.95

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|------------------------------------|--|
| Vanilla (v, gf) <i>125 kcal</i>    | Raspberry Sorbet (vg, gf) <i>68 kcal</i>     |
| Chocolate (v, gf) <i>127 kcal</i>  | Bramley Apple Sorbet (vg, gf) <i>65 kcal</i> |
| Honeycomb (v, gf) <i>137 kcal</i>  | Lemon Sorbet (vg, gf) <i>74 kcal</i>         |
| Strawberry (v, gf) <i>124 kcal</i> |  |

### Additional Menu Information



Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

The White Hart - [www.whitehart-sevenoaks.co.uk](http://www.whitehart-sevenoaks.co.uk) - 01732 452 022

