



# The White Hart ~ Daily Menu

~ Thursday 5th March 2026 ~

## Starters

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- Green vegetable and potato soup**, crème fraîche, warm seeded roll (v, gfa) 487kcal 8.45
- Pan fried scallops**, cauliflower puree, bacon jam, apple (gf) 244kcal 16.95
- Merguez sausage**, toasted flatbread, baba ganoush, pomegranate, preserved lemon and coriander 429kcal 9.95
- Deep fried camembert**, endive, celery, apple and cider chutney (v, gf) 729kcal 10.95
- Potted trout, fennel, samphire, salad, lemon dressing**, seeded toast (gfa) 407kcal 8.95
- Confit tomato, courgette and basil tart**, sun blushed tomato pesto, herb oil (vg) 568kcal 7.95
- Mussels Puttanesca**, olives, capers, anchovies, basil 492kcal 10.95
- Chicken liver pâté**, carrot and apricot chutney, toasted bloomer (gfa) 514kcal 9.25

## Nibbles

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- Italian mixed olives (vg, gf) 231kcal 5.45
- Chicken, pancetta, apricot fritter, piccalilli (gf) 159kcal 6.95
- Red pepper and tomato hummus, flatbread (vg) 504kcal 6.95
- Crispy baby squid, lemon and dill mayonnaise 528kcal 7.95
- Sriracha grilled king prawns, mango salsa (gf) 215kcal 8.25
- Moroccan cauliflower, tahini yoghurt (vg) 411kcal 5.95
- Halloumi fries, tomato relish (v, gf) 554kcal 7.75
- Comte, Prosciutto ham, sun blushed tomato and pesto (gf) 382kcal 7.95

## Mains

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- Seared lamb rump**, pea and mint falafel, asparagus, wild garlic emulsion 1188kcal 27.95
- Chorizo crumbed chicken breast**, pea purée, parmesan gnocchi, spinach, broccoli, chorizo oil 821kcal 22.95
- Pappardelle with poached salmon**, peas, edamame, spinach, asparagus lemon cream sauce 1038kcal 23.95
- Sweet potato, red pepper and lentil curry**, coconut rice, pickled salad, lime yoghurt, naan bread (vg) 507kcal 16.95
- Lancashire hot pot**, shredded lamb, potatoes, pickled red cabbage (gf) 1031kcal 19.95
- 10oz Black Angus ribeye steak**, pepper sauce, portobello mushroom, tomato, chips (gf) 1352kcal 34.95
- Basil gnocchi with green beans**, asparagus, crispy kale, mint and cucumber yoghurt (vg) 279kcal 15.95
- Braised shoulder of lamb**, crushed minted potatoes, rosemary gravy (gf) 1121kcal 26.95
- Slow braised belly of pork**, stuffed cabbage ball, cauliflower puree, roast shallots (gf) 830kcal 19.95
- Pan-fried trout**, lentil and chorizo cassoulet, watercress and pine nut pesto (gf) 695kcal 23.95
- Pan fried hake fillet**, confit potatoes, spring vegetables, white wine velouté, wild garlic oil (gf) 760kcal 22.95
- Buttercross farm Cumberland sausages**, buttered mash, onion gravy (gf) 1013kcal 18.45
- Smoked haddock and salmon fishcakes**, tomato, spring onion salad (gf) 849kcal 17.95
- Steak burger**, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1380kcal 18.45
- Crispy beef salad**, sweet chilli sauce, roasted cashew nuts (gf) 870kcal 18.95
- Beer battered fish and chips**, mushy peas, tartare sauce (gf) 1278kcal 18.95

## Sides

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- Truffle parmesan fries (gf) 450kcal 6.95
- Mixed salad (vg, gf) 100kcal 4.65
- Garlic bread, cheese (v) 632kcal 5.95
- Tomato, rocket, Parmesan salad (gf) 170kcal 4.95
- Chunky chips (vg, gf) 535kcal 4.95
- Bearnaise sauce (v, gf) 263kcal 2.95
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Tenderstem broccoli, chilli and garlic (vg, gf) 70 kcal 4.95

Honey roast carrots (v, gf) 176 kcal 4.95

## Light Bites

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- Asparagus feta pea and mint quiche**, apple, celery, grape salad, potato salad (v, gf) *840kcal* 14.95  
**Chargrilled Jerk chicken wrap**, spring onion, red pepper, pineapple salsa *759kcal* 11.95  
**Seared king oyster mushroom**, creamy tarragon orzo, prosociano crisp (vg) *517kcal* 10.95  
**Fillet steak sandwich**, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries *963kcal* 17.45  
**Pan fried miso hake**, wasabi crème fraîche, pickled ginger cucumber salad *308kcal* 13.95

## Puddings

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- Sticky toffee pudding**, toffee sauce, vanilla ice cream (v, gf) *652kcal* 8.95  
**Triple chocolate brownie**, chocolate sauce, vanilla ice cream (v, gf) *899kcal* 8.95  
**Hot waffle**, caramelised banana, toffee sauce, honeycomb ice cream (v) *850kcal* 8.75  
**Warm raspberry Bakewell tart**, raspberry compote, vanilla custard (v) *573kcal* 8.95  
**Dark chocolate salted caramel tart**, raspberry sorbet (vg) *319kcal* 8.95  
**Blackberry and lemon cheesecake pot**, (low sugar) (v) *385kcal* 7.45  
**Affogato**, espresso, vanilla ice cream (v, gf) *126kcal* 6.25

## Cheshire Farm Ice Cream & Sorbet

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One scoop *74kcal* 2.95 / Two scoops *148kcal* 5.90 / Three scoops *221kcal* 8.75

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|---|--|---|
| Raspberry Sorbet (vg, gf) <i>68kcal</i> | Blackcurrant Sorbet (vg, gf) <i>68kcal</i> | Bramley Apple Sorbet (vg, gf) <i>65kcal</i> |
| Marmalade (v) <i>128kcal</i>            | Vanilla (v, gf) <i>125kcal</i>             | Chocolate (v, gf) <i>127kcal</i>            |
| Strawberry (v, gf) <i>124kcal</i>       | Honeycomb (v, gf) <i>137kcal</i>           |   |

## Cheeses

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Cheese, biscuits, quince, carrot and apricot chutney, grapes and celery, select from our cheese's below

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|---|---|--|
| Five cheeses (v) <i>474kcal</i> 14.95     | Three cheeses (v) <i>308kcal</i> 11.95        | One cheese (v) <i>165kcal</i> 4.95             |
| Spennwood Ewe . (v, gf) <i>125kcal</i>    | Butlers Secret Cheddar (v, gf) <i>125kcal</i> | Cropwell Bishop Stilton (v, gf) <i>205kcal</i> |
| Rosary Goats Cheese (v, gf) <i>66kcal</i> | Tunworth (gf) <i>94kcal</i>                   |  |

## Small Pudding and a Hot Drink

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- Waffle**, honeycomb ice cream, toffee sauce (v) *527kcal* 9.25  
**Triple chocolate brownie**, vanilla ice cream, chocolate sauce (v, gf) *580kcal* 9.25  
**Sticky toffee pudding**, vanilla ice cream (v, gf) *385kcal* 9.25  
Choose your preferred hot drink from the selection below (excluding Irish coffee).

## Coffees and Hot Drinks

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| Double espresso (vg, gf) <i>1kcal</i> 4.15  | Macchiato (v, gf) <i>12kcal</i> 4.15      | Americano (vg, gf) <i>0kcal</i> 4.15     |
| Cappuccino (v, gf) <i>48kcal</i> 4.55       | Latte (v, gf) <i>122kcal</i> 4.55         | Flat white (v, gf) <i>47kcal</i> 4.55    |
| Selection of tea (v, gf) <i>24kcal</i> 4.15 | Hot chocolate (v, gf) <i>299kcal</i> 4.65 | Irish coffee (v, gf) <i>190kcal</i> 8.35 |



### Additional Menu Information

Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.