

# The Physician Mother's Day Menu

Two courses £34.95, Three courses £41.95

## Starters and Nibbles

**Spicy sweetcorn soup**, red pepper and sweetcorn salsa, warm seeded roll (v, gfa) 606 kcal

**King prawn cocktail**, buttered seeded bread (gfa) 576 kcal

**Duck fritter**, plum sauce, pak choi and radish salad, szechuan pepper crisp (gf) 357 kcal

**Basil pannacotta**, heritage tomato salad, gazpacho dressing (vg) 327 kcal

**Baked camembert**, truffle honey, walnuts, rosemary, focaccia croutes (v) 846 kcal

**Chicken liver pâté**, onion marmalade, toasted bloomer (gfa) 571 kcal

**Crispy panko crusted salmon**, pea purée, sauce vierge (gf) 382 kcal

## Mains

All roasts are served with duck fat roast potatoes, seasonal vegetables and gravy

**Roast beef (served pink)**, with Yorkshire pudding (gfa) 1181 kcal

**Roast shoulder of lamb**, rosemary red wine gravy (gf) 1468 kcal

**Roast loin of pork**, sage and apple stuffing, crackling apple sauce (gf) 994 kcal

**Beetroot, spinach and Beluga lentil Wellington**, hasselback potatoes, redcurrant and red wine jus (vg)

457 kcal

**Smoked haddock, hake, King prawn and mussel chowder**, samphire and chives (gf) 571 kcal

**Cauliflower Milanese**, spicy black olive and tomato linguine, garlic oil, rocket (vg) 722 kcal

**Pan fried sea bass**, braised fennel, baby potatoes, samphire, fish velouté (gf) 720 kcal

**Slow roasted duck leg**, bubble and squeak, peas, broad beans, cavolo nero (gf) 910 kcal

## Sides

Cauliflower cheese (v, gf) 383 kcal

6.50

Pigs in blankets, gravy (gf) 423 kcal

7.00

Buttered Mash (v, gf) 287 kcal 4.45

## Puddings

**Prosecco and passion fruit trifle** (vg, gf) 469 kcal

**Triple chocolate brownie**, chocolate sauce, vanilla ice cream (v, gf) 899 kcal

**Sticky toffee pudding**, toffee sauce, vanilla ice cream (v, gf) 652 kcal

**Tiramisu Arctic slice**, espresso and Tia Maria syrup (v) 470 kcal

**Apple and cinnamon pie**, vanilla custard (v, gf) 499 kcal

**Hot waffle**, caramelised banana, salted caramel sauce, honeycomb ice cream (v) 763 kcal

**Selection of British Cheese**, spiced apricot chutney, biscuits 528 kcal



Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

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