

The Hand & Trumpet Mother's Day Menu

Two courses £34.95, Three courses £41.95

Starters and Nibbles

Spicy sweetcorn soup, red pepper and sweetcorn salsa, warm seeded roll (v, gfa) 606 kcal

King prawn cocktail, buttered seeded bread (gfa) 576 kcal

Duck fritter, plum sauce, pak choi and radish salad, szechuan pepper crisp (gf) 357 kcal

Basil panna cotta, heritage tomato salad, gazpacho dressing (vg) 327 kcal

Baked camembert, truffle honey, walnuts, rosemary, focaccia croutes (v) 846 kcal

Chicken liver pâté, onion marmalade, toasted bloomer (gfa) 571 kcal

Crispy panko crusted salmon, pea purée, sauce vierge (gf) 399 kcal

Mains

All roasts are served with duck fat roast potatoes, seasonal vegetables and gravy

Roast beef (served pink), with Yorkshire pudding (gfa) 1181 kcal

Roast shoulder of lamb, rosemary red wine gravy (gf) 1468 kcal

Roast loin of pork, sage and apple stuffing, crackling apple sauce (gf) 994 kcal

Beetroot, spinach and Beluga lentil Wellington, hasselback potatoes, redcurrant and red wine jus (vg)

458 kcal

Smoked haddock, hake, King prawn and mussel chowder, samphire and chives (gf) 571 kcal

Cauliflower Milanese, spicy black olive and tomato linguine, garlic oil, rocket (vg) 724 kcal

Pan fried sea bass, braised fennel, baby potatoes, samphire, fish velouté (gf) 720 kcal

Slow roasted duck leg, bubble and squeak, peas, broad beans, cavolo nero (gf) 910 kcal

Puddings

Prosecco and passion fruit trifle, toasted coconut, pineapple crisp (vg, gf) 469 kcal

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, gf) 899 kcal

Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 652 kcal

Tiramisu Arctic slice, espresso and Tia Maria syrup (v) 474 kcal

Apple and cinnamon pie, vanilla custard (v, gf) 499 kcal

Hot waffle, caramelised banana, salted caramel sauce, honeycomb ice cream (v) 763 kcal

A selection of British cheeses, biscuits, quince, chutney, grapes, celery (v) 600 kcal



Additional Menu Information

Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

The Hand & Trumpet - www.handandtrumpet.co.uk - 01270 820 048