



The Parrot ~ Sunday Menu

~ Saturday 20th December 2025 ~

Starters & Nibbles

- Carrot and ginger soup**, warm seeded roll (v, gfa) 465 kcal 7.45
- Chicken, apricot and tarragon terrine**, piccalilli, vegetable salad (gfa) 238 kcal 9.95
- Poached and smoked salmon rilette**, apple remoulade, seeded toast 346 kcal 9.95
- Deep-fried Brie**, bramble chutney, roasted plum salad (v, gf) 403 kcal 8.95
- Beef, bacon, stout and thyme faggot**, parsnip purée, horseradish crumb (gf) 350 kcal 8.95
- Wild mushroom, shallot and tarragon suet pudding**, celeriac and truffle purée, red wine jus (vg, gf) 409 kcal 8.45
- Nocellara, Gaeta, Cerignola olives (vg, gf) 222 kcal 5.95 Warm breads, oil, balsamic (vg) 558 kcal 6.45
- Chickpea hummus, flatbread (vg) 583 kcal 7.5 Halloumi fries, harissa mayonnaise (v, gf) 703 kcal 7.95
- Crispy baby squid with sriracha mayo 500 kcal 8.25 Sweet chilli king prawns, ciabatta 719 kcal 9.25
- Venison and cranberry chipolatas (gf) 306 kcal 8.25 Maple BBQ chicken wings (gf) 645 kcal 8.45

Sunday Roasts

All of our roasts are served with all the trimmings and proper gravy

- Roast beef (served pink)**, with Yorkshire pudding (gfa) 1204 kcal 23.95
- Roast turkey** with traditional accompaniments (gf) 1249 kcal 25.45
- Roast shoulder of lamb**, rosemary red wine gravy (gf) 1478 kcal 26.95
- Roast porchetta, (slow roasted belly)** sage and apple stuffing, apple sauce 1248 kcal 22.95
- Mixed roast beef (served pink), porchetta, (slow roasted belly)** all the trimmings 1449 kcal 26.95
- Lentil, shallot and celeriac pie**, roast potatoes, cranberry, red wine gravy, greens (vg, gf) 1345 kcal 17.95

Sunday Sides

- Duck fat roast potatoes (gf) 232 kcal 5.5 Cauliflower cheese (v, gf) 383 kcal 7.25 Truffle parmesan fries (gf) 450 kcal 6.95
- Chunky chips (vg, gf) 535 kcal 5.5 Buttered vegetables (v, gf) 175 kcal 5.45 Garlic bread, cheese (v) 634 kcal 5.95
- Fries (vg, gf) 377 kcal 5.75 Garlic bread (v) 426 kcal 5.95

Mains

- Goats cheese, red pepper, blushed tomato quiche**, crème fraîche new potato salad (v, gf) 829 kcal 14.25
- Fillet steak sandwich**, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 962 kcal 17.45
- Salmon and smoked haddock fishcake**, chorizo and chick pea stew, poached egg, saffron aioli (gf) 806 kcal 15.45
- Five spiced crispy duck salad**, watermelon, cashew nuts, teriyaki and ginger dressing (gf) 716 kcal 15.95
- Crispy beef salad**, sweet chilli sauce, roasted cashew nuts (gf) 873 kcal 18.95
- Venison, Port, bacon and rosemary pie**, colcannon mash, bourguignon sauce (gf) 1139 kcal 19.95
- Steak burger**, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1380 kcal 18.95
- Beer battered fish and chips**, mushy peas, tartare sauce (gf) 1278 kcal 18.95
- Malaysian salmon and prawn laksa curry**, noodles, pak choi, edamame, coriander 926 kcal 21.95
- Bavette "steak frites"** béarnaise sauce, watercress salad (served pink) (gf) 1350 kcal 25.95

Puddings & Cheese

Christmas pudding, brandy sauce (v, gf) 743 kcal 8.95

Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 652 kcal 8.75

Black Forest Arctic slice, boozy cherries (v) 467 kcal 8.95

Toasted waffle, orange marmalade ice cream, clementine and dark chocolate sauce (v) 759 kcal 8.95

Blackberry and apple crumble tart, mulled wine syrup, blackcurrant sorbet (vg, gf) 555 kcal 8.75

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, gf) 899 kcal 8.95

Banoffee crumble cheesecake, bananas, salted caramel sauce 840 kcal 9.25

Cheese, biscuits, quince, carrot and apricot chutney, grapes and celery, select from below (v) 474 kcal

Brie Plaisir De Roy (v, gf) 104 kcal / Wookey hole cave-aged cheddar (v, gf) 125 kcal / Tunworth (gf) 94 kcal /

Cornish Yarg Wild Garlic (v, gf) 94 kcal / Blacksticks Blue (v, gf) 98 kcal

Five cheeses (v) 474 kcal 14.95

Three cheeses (v) 308 kcal 12.95

One cheese (v) 164 kcal 5.95

Cheshire Farm Ice Creams & Sorbets

Choose any of the below for 2.75 per scoop

Chocolate (v, gf)

Cherry (v, gf)

Salted Caramel (v, gf)

Strawberry (v, gf)

Vanilla (v, gf)

Coconut (v, gf)

Honeycomb (v, gf)

Raspberry Sorbet (vg, gf)

Lemon Sorbet (vg, gf)

Bramley Apple Sorbet (vg)

Mango Sorbet (vg, gf)

Blackcurrant Sorbet (vg, gf)

Orange Sorbet (vg, gf)

Passion Fruit Sorbet (vg, gf)

Raspberry Ripple (v, gf)

Coffees & Hot Drinks

Cappuccino (v, gf) 48 kcal 4.4

Latte (v, gf) 122 kcal 4.4

Espresso (vg, gf) 0 kcal 3.9

Double espresso (vg, gf) 0 kcal 4.2

Americano (vg, gf) 0 kcal 4.2

Flat white (v, gf) 47 kcal 4.4

Selection of tea (v, gf) 24 kcal 4.4

Irish coffee (v, gf) 135 kcal 8.45

Hot chocolate (v, gf) 299 kcal 4.7

Small Pudding & a Hot Drink

Choose a mini version of our puddings with a tea or coffee of your choice

Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, gf) 580 kcal 9.25

Sticky toffee pudding, vanilla ice cream (v, gf) 385 kcal 9.25

Children's Mains

Roast porchetta, pork and apple stuffing, crackling, apple sauce 747 kcal 14.45

Roast beef (served pink) with Yorkshire pudding (gfa) 697 kcal 14.95

Chicken goujons, chips, peas (gf) 746 kcal 8.95

Beer battered fish goujons, chips and peas (gf) 500 kcal 8.95

Penne pasta, tomato sauce, cheese (v, gf) 714 kcal 7.45

Children's Puddings

Chocolate brownie, vanilla ice cream (v, gf) 482 kcal 5.95

Sticky toffee pudding, vanilla ice cream (v, gf) 462 kcal 5.95



Additional Menu Information

We always advise you to speak to a member of crew if you have any food allergies or intolerances.

For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten; however, as we handle many allergens in our busy kitchens, we therefore cannot guarantee all traces of allergens are completely removed.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.