



The Sparrowhawk ~ Daily Menu

~ Saturday 1st November 2025 ~

Starters and Nibbles

- Spiced pumpkin and coconut soup**, chilli, coriander, warm seeded roll (v, gfa) 483 kcal 7.45
Black pudding, bubble and squeak cake, crispy leeks, poached egg, mustard sauce (gf) 414 kcal 8.75
Smoked salmon, Bloody Mary dressing, salted cucumber, horseradish cream 236 kcal 10.95
Chicken liver pâté, carrot and apricot chutney, toasted bloomer (gfa) 514 kcal 8.95
Wild mushroom arancini, pickled mushroom salad (vg, gf) 214 kcal 7.95
Baked camembert, candied walnuts, celery, apricot chutney, ciabatta croutes (v) 760 kcal 9.95
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| Nocellara, Gaeta, Cerignola olives (vg, gf) 222 kcal 4.95 | Crispy chilli beef, cashew nuts (gf) 474 kcal 7.95 |
| Halloumi fries, tomato relish (v, gf) 554 kcal 7.45 | Salt and pepper chicken wings (gf) 651 kcal 6.95 |
| Spicy chorizo, honey, red wine (gf) 617 kcal 6.95 | Crispy squid, sweet chilli 414 kcal 6.95 |
| Southern fried oyster mushrooms (vg, gf) 458 kcal 6.25 | Beetroot hummus, flatbread (vg) 504 kcal 6.45 |

Main Courses

- Seared venison loin**, squash purée, confit potato, blackberry jus (gf) 641 kcal 26.95
Pan fried sea bass, saffron celeriac fondant, fennel croquettes, mussels, white wine sauce (gf) 928 kcal 22.95
Fish pie, salmon, hake, smoked haddock, king prawns, boiled egg, French style peas (gf) 945 kcal 20.95
Slow roasted duck leg, fondant potato, roast shallot, orange purée (gf) 994 kcal 20.95
Spicy butterbean, red pepper and smoky tomato hotpot, wilted greens, roast parsnip (vg, gf) 471 kcal 16.95
Southern fried chicken burger, smashed avocado, smoked streak bacon, Monterey Jack, bbq sauce, fries 997 kcal 16.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts (gf) 873 kcal 17.45
Sticky lime and ginger chicken breast, Thai red curry sauce, coconut rice, pak choi (gf) 630 kcal 18.95
Cider braised pork ribeye, apple, bacon and cider sauce, spring onion mash, summer greens (gf) 1286 kcal 18.95
Buttercross farm Cumberland sausages, buttered mash, onion gravy (gf) 1011 kcal 17.25
Chicken, ham and leek pie, buttered mash, green vegetables, white wine and tarragon sauce (gf) 1322 kcal 17.95
Braised shoulder of lamb, dauphinoise potatoes, greens, rosemary gravy (gf) 949 kcal 25.95
Beer battered fish and chips, mushy peas, tartare sauce (gf) 1278 kcal 17.95
Appleby's Cheshire cheese, onion and potato pie, green vegetables, white wine mustard sauce (v, gf) 1214 kcal 17.45
Steak burger beer onions, grilled bacon, Monterey Jack cheese, spiced tomato mayonnaise, fries 1395 kcal 17.95
Change to Truffle and Parmesan fries (gf) 500 kcal 1.50
8oz British sirloin 28 day dry aged, pepper sauce, portobello mushroom, tomato, chunky chips (gf) 1413 kcal 31.95

Sides

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| Chunky chips (vg, gf) 535 kcal 4.45 | Fries (vg, gf) 377 kcal 4.45 | Truffle parmesan fries (gf) 450 kcal 5.95 |
| Peppercorn sauce (gf) 135 kcal 2.95 | Garlic bread (v) 426 kcal 4.95 | Garlic bread, cheese (v) 634 kcal 5.45 |
| Bread and Butter (v) 445 kcal 3.25 | Buttered vegetables (v, gf) 178 kcal 4.45 | Mixed salad (vg, gf) 100 kcal 4.95 |
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Light Bites and Sandwiches (served until 5pm)

Smoked salmon, dill and spinach quiche, crème fraîche new potato salad (gf) 741 kcal 13.95

Salmon and smoked haddock fishcake, poached egg, white wine, tomato, caper sauce (gf) 579 kcal 13.95

Chicken, chorizo & mature cheddar ciabatta mixed salad 851 kcal 10.95

Open prawn sandwich, Marie Rose, rocket and cucumber salad (gfa) 528 kcal 11.95

Fillet steak sandwich, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 962 kcal 15.75

Puddings and Cheese

Apple and cinnamon pie, vanilla custard (v, gf) 499 kcal 7.95

Biscoff cheesecake, raspberry sorbet (vg) 666 kcal 8.75

Tiramisu, chocolate sauce, mocha ice cream (v) 629 kcal 8.95

Blackberry and sticky apple sponge, vanilla custard (v) 562 kcal 8.45

Toasted waffle, warm forest berries, white chocolate Oreo ice cream, chocolate sauce (v) 794 kcal 7.95

Raspberry ripple Arctic slice, raspberry sauce (v) 378 kcal 8.95

Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 733 kcal 8.75

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, gf) 899 kcal 8.45

Scone, jam and clotted cream (v) 592 kcal 4.45

Box of Flapjacks available to enjoy in the comfort of your own home (v) 1760 kcal 7.95

Cheese, biscuits, quince, carrot and apricot chutney, grapes and celery, select from below (v) 474 kcal

Shorrocks Lancashire Bomb (v, gf) 103 kcal Blacksticks Blue (v, gf) 98 kcal

Brie Plaisir De Roy (v, gf) 104 kcal

Kidderton Ash Goats (v, gf) 83 kcal Garstang Blue (v, gf) 101 kcal

Five cheeses (v) 474 kcal 14.95

Three cheeses (v) 308 kcal 10.95

One cheese (v) 164 kcal 4.95

Cheshire Farm Ice Cream and Sorbet

Choose from the below for 2.75 per scoop

Vanilla (v, gf) 125 kcal

Chocolate (v, gf) 127 kcal

Strawberry (v, gf) 124 kcal

Honeycomb (v, gf) 137 kcal

Salted Caramel (v, gf) 135 kcal

Raspberry Ripple (v, gf) 128 kcal

Raspberry Sorbet (vg, gf) 68 kcal

Cherry Sorbet (vg, gf) 83 kcal

Lemon Sorbet (vg, gf) 74 kcal

Passion Fruit Sorbet (vg, gf) 71 kcal

Small pudding and a hot drink

Sticky toffee pudding, vanilla ice cream (v, gf) 431 kcal 8.95

Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, gf) 584 kcal 8.95

Toasted waffle, warm forest berries, white chocolate Oreo ice cream, chocolate sauce (v) 526 kcal 8.95

Fruit Scone with raspberry jam and clotted cream (v) 577 kcal 8.45



Additional Menu Information

We always advise you to speak to a member of crew if you have any food allergies or intolerances.

For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten; however, as we handle many allergens in our busy kitchens, we therefore cannot guarantee all traces of allergens are completely removed.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.