



The Old Orchard ~ The Old Orchard Spice Week

Starters

Thai spiced red lentil soup, warm seeded roll (v, gfa) 570 kcal 7.45

Crispy belly pork, apple sauce (gf) 534 kcal 6.95

Goan curry king prawns, flatbread 536 kcal 7.95

Wings & Thighs

Japanese karaage Chicken, wasabi mayonnaise, coriander and chilli and cucumber (gf) 669 kcal 7.95

Sticky five spiced chicken wings (gf) 454 kcal 7.45

Balti chicken thigh, coronation mayo 433 kcal 6.95

Chicken wings, sriracha honey glaze, kewpie-style mayo 638 kcal 7.45

Mains

Slow cooked tandoori lamb, braised pilaf rice, flatbread, onion bhaji, poppadoms. 1640 kcal 25.95

Sweet potato, aubergine and spinach Malaysian curry, coconut rice, pak choi (vg, gf) 614 kcal 16.95

Pan fried sea bass, Bombay potatoes, wilted spinach, coconut raita (gf) 833 kcal 22.45

Chicken tikka and cashew masala pilau rice and naan bread 1021 kcal 17.95

Goan aubergine, butternut squash and chickpea curry, steamed rice, pak choi (vg, gf) 544 kcal 17.45

Puddings

Apple and cinnamon pie, vanilla custard (v, gf) 499 kcal 7.95

Spiced apple, plum and port crumble tart, cinnamon ice cream, mulled wine syrup (v, gf) 619 kcal 8.45



Additional Menu Information

We always advise you to speak to a member of crew if you have any food allergies or intolerances. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten; however, as we handle many allergens in our busy kitchens, we therefore cannot guarantee all traces of allergens are completely removed.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

The Old Orchard - www.oldorchard-harefield.co.uk - 01895 822 631