



Akeman Breakfast Menu

EGGS

- Eggs Florentine**, buttered spinach, soft poached egg and Hollandaise sauce (v) 597 kcal 12.25
- Eggs Royale** Severn and Wye smoked salmon, soft poached egg and Hollandaise 682 kcal 13.25
- Eggs Benedict**, roast ham, soft poached egg and Hollandaise 636 kcal 12.25
- Eggs Funghi**, sautéed mushrooms, buttered spinach, soft poached egg and Hollandaise sauce (v) 673 kcal 12.25
- Scrambled eggs, sourdough**, Severn and Wye smoked salmon 620 kcal 12.25
- Scrambled Eggs on Toast** Free-range eggs gently scrambled with rich double cream, served on freshly grilled sourdough bread. Finished with a touch of butter and cracked black pepper. (v) 508 kcal 7.50
- Smashed avocado**, poached eggs, sourdough, pico do gallo (v) 523 kcal 12.25
- Shakshuka**; baked egg in spiced tomato, pepper and onion sauce, Greek style yogurt, sour dough (v) 537 kcal 12.75
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| Hashbrowns (vg, ngci) 218 kcal 1.75 | Smoked Salmon (ngci) 128 kcal 2.50 | Grilled Bacon (ngci) 215 kcal 2.00 |
| Cumberland sausage (ngci) 190 kcal 2.35 | Baked beans (vg, ngci) 78 kcal 2.00 | Black pudding (ngci) 69 kcal 2.00 |
| Portobello mushroom (v, ngci) 38 kcal 2.00 | Avocado (vg, ngci) 134 kcal 3.00 | Roast plum tomatoes (vg, ngci) 87 kcal 2.00 |

BREAKFAST

- Full English**, bacon, sausage, black pudding, mushrooms, tomato, hash brown, beans, fried eggs 1120 kcal 13.50
- Vegetarian full English**, sausages, mushrooms, tomatoes, hash brown, baked beans, fried eggs (v) 1086 kcal 11.95
- Kids Breakfast** toast, sausage, bacon, beans, hash brown and a choice of egg 708 kcal 7.06

PASTRIES

- Plain Croissant** A classic butter croissant. (v) 352 kcal 2.00
- Pain au Chocolat** Flaky, buttery French pastry filled with rich dark chocolate, baked until golden brown with a perfectly crisp exterior and soft, indulgent center (v) 386 kcal 2.50

TEAS AND COFFEE

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| Hot Chocolate (v, ngci) 138 kcal 3.90 | Green Tea (vg, ngci) 0 kcal 3.40 | Iced Latte (v, ngci) 88 kcal 3.45 |
| Single Espresso (vg, ngci) 1 kcal 2.90 | Double Espresso (vg, ngci) 1 kcal 3.40 | Cappuccino (v, ngci) 67 kcal 3.70 |
| Flat White (v, ngci) 54 kcal 3.70 | Latte (v, ngci) 89 kcal 3.70 | Mocha (v, ngci) 198 kcal 4.00 |
| Macchiato (v, ngci) 14 kcal 3.10 | Americano (v, ngci) 12 kcal 2.90 | English Breakfast (v, ngci) 13 kcal 3.30 |
| Earl Grey Tea (v, ngci) 11 kcal 3.40 | Peppermint Tea (vg, ngci) 0 kcal 3.40 | |



Additional Menu Information

Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Non-Gluten Containing Ingredient Dishes – Indicates that the dish does not have any gluten containing ingredients. We do not make any 'free from' claims or declare that any of our dishes are gluten free. As we handle many allergens in our busy kitchens, we cannot guarantee all traces of allergens are completely removed.