



# Arrow Mill

## Kids Menu

### Starters

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- Garlic bread** (v) *425 kcal* 5.75  
**Halloumi fries, tomato relish** (v, gf) *554 kcal* 7.95  
**Garlic bread, cheese** (v) *632 kcal* 5.95

### Main courses

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- Battered fish and chips, peas** (gf) *594 kcal* 10.95  
**Lashford's pork sausage, chips, peas** *495 kcal* 9.25  
**Mozzarella and tomato topped 'pizza' ciabatta, fries** (v) *514 kcal* 8.45  
**Southern fried coated, buttermilk chicken, salad and fries** (gf) *516 kcal* 9.25  
**Penne pasta, tomato sauce, cheese** (v, gf) *714 kcal* 8.95

### Sunday Mains

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- Roast beef (served pink), Yorkshire pudding, roast potatoes, vegetables** (gfa) *693 kcal* 16.95  
**Roast porchetta, pork and apple stuffing, crackling, apple sauce** *722 kcal* 15.95

### Puddings

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- Chocolate brownie, vanilla ice cream** (v, gf) *482 kcal* 5.95  
**Sticky toffee pudding, vanilla ice cream** (v, gf) *480 kcal* 5.95  
**Hot waffle, banana, honeycomb ice cream** (v) *394 kcal* 5.95  
**Two scoops** (vg, gf) *148 kcal* 5.90

### Additional Menu Information



Please speak to a member of crew if you have any food allergies or intolerances before ordering. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

Arrow Mill - [www.thearrowmill.co.uk](http://www.thearrowmill.co.uk) - 01789 333 790

