

The Bell ~ Breakfast Menu

While You Wait

Bucks Fizz - 7.95

Bloody Mary - 8.95

Breakfast

Full English, bacon, Lashford sausage, black pudding, mushrooms, tomato, hash brown, beans, fried eggs 1069 kcal 13.95 **Vegetarian full English,** sausages, mushrooms, tomatoes, hash brown, baked beans, fried eggs (v) 918 kcal 12.95 **Kids breakfast,** sausage, bacon, beans, hash brown, fried egg 752 kcal 8.95

Smaller plates

Warm buttermilk pancakes, crisp bacon, maple flavoured syrup, blueberries 642 kcal 8.95

Pan fried mushrooms and spinach, poached egg, malted toast (v, gfa) 401 kcal 8.95

Lashford's pork and apple sausage bap 751 kcal 6.95

Grilled back bacon bap (gfa) 698 kcal 5.95

Smashed avocado, toasted granary bloomer, poached egg, grilled tomato (v) 477 keal 9.95

Toast with butter and jam (v, gfa) 541 kcal 3.45

Toasted crumpets, butter and jam (v) 491 kcal 3.45

Chocolate croissant (v) 393 kcal 3.45

Eggs

Eggs Benedict, honey roast ham, soft poached egg, hollandaise sauce 761 kcal 9.95

Eggs Royale, smoked salmon, soft poached egg, hollandaise sauce 773 kcal 10.95

Eggs Florentine buttered spinach, soft poached egg and Hollandaise sauce (v) 645 kcal 8.95

Scrambled eggs, smoked salmon, toasted bloomer (gfa) 526 kcal 11.95

Eggs on toast, toasted bloomer with eggs cooked to your liking (v) 559 kcal 6.95

Extras

Pork sausage 203 kcal 2.00	Bacon (gf) 108 keal 2.00	Hash brown Hash brown (vg, gf) 198 kcal 2.00
Black pudding (gf) 69kcal 2.00	Fried egg (v, gf) 110 kcal 1.00	Add baked beans (vg, gf) 74 kcal 2.00
Hot Drinks		
Cafetière of coffee (v, gf) 58 kcal 3.95	Selection of tea (v, gf) 24 kcal 3.95	Hot chocolate (v, gf) 299 keal 4.45
Double espresso (vg, gf) 0 kcal 3.75	Americano (vg, gf) 0 kcal 3.75	Flat white (v, gf) 47 kcal 3.95
Cappuccino (v, gf) 52 kcal 3.95	Latte (v, gf) 122 kcal 3.95	Macchiato (v, gf) 12 kcal 3.95



Additional Menu Information

We always advise you to speak to a member of crew if you have any food allergies or intolerances. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten; however, as we handle many allergens in our busy kitchens, we therefore cannot guarantee all traces of allergens are completely removed.