



The Red Lion ~ Red Lion

~ Saturday 1st November 2025 ~

Starters

- Spiced pumpkin and coconut soup**, chilli, coriander, warm seeded roll (v, gfa) 483 kcal 7.45
- Chicken liver pâté**, fig chutney, toasted bloomer (gfa) 561 kcal 8.45
- Baked feta with garlic, herb olives and tomatoes**, warm focaccia (v) 651 kcal 8.95
- Cauliflower and apple bhaji**, pickled kohlrabi, curried chickpeas, coriander oil (vg) 450 kcal 7.75
- Pan fried pigeon breast**, sour cherry purée, gaufrette potato and a blackberry and game jus (gf) 167 kcal 8.95
- Tandoori king prawns**, mint yoghurt, mango, cucumber and coriander salad (gf) 307 kcal 9.25
- Honey-glazed pork belly**, apple and cider ketchup, crackling crumb (gf) 469 kcal 8.95

Nibbles

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| Nocellara, Gaeta, Cerignola olives (vg, gf) 222 kcal 5.25 | Venison and cranberry chipolatas (gf) 306 kcal 6.95 |
| Lemon and herb chicken wings, aioli dip (gf) 781 kcal 7.45 | Chickpea hummus, flatbread (vg) 583 kcal 6.45 |
| Halloumi fries, tomato relish (v, gf) 554 kcal 7.45 | Patatas bravas, hot sauce (vg, gf) 311 kcal 5.25 |
| Crispy baby squid, lemon and dill mayonnaise 528 kcal 7.75 | Crispy chilli beef, cashew nuts (gf) 474 kcal 7.45 |

Mains

- Beer battered fish and chips**, mushy peas, tartare sauce (gf) 1278 kcal 17.45
- Lashford's Cumberland sausages**, buttered mash potato, onion gravy 1331 kcal 17.75
- Crispy beef salad**, sweet chilli sauce, roasted cashew nuts (gf) 873 kcal 17.25
- Steak burger**, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1376 kcal 17.45
- Lentil bolognese tagliatelle**, with black olive and tomato compote (vg) 1023 kcal 16.95
- Beef, ale and potato pie**, mash, buttered greens, red wine gravy (gf) 1322 kcal 18.25
- Appleby's Cheshire cheese, onion and potato pie**, buttered greens, redcurrant gravy (v, gf) 1169 kcal 16.95
- Goan aubergine, butternut squash and chickpea curry**, steamed rice, pak choi (vg, gf) 544 kcal 16.95
- Crispy breaded chicken breast**, lemon, garlic and courgette, tagliatelle pasta 1396 kcal 17.95
- Pan-seared cod loin**, smoked haddock chowder, mussels, samphire, dill oil (gf) 561 kcal 21.95
- Braised shoulder of lamb**, dauphinoise potatoes, greens, rosemary gravy (gf) 949 kcal 25.95
- Seared venison loin**, butternut fondant, confit artichoke, blackberry jus (gf) 923 kcal 26.95
- Pan fried stone bass, crispy mussels**, autumn greens, vermouth cream sauce (gf) 536 kcal 27.95
- 10oz Black Angus ribeye steak**, pepper sauce, portobello mushroom, tomato, chips (gf) 1350 kcal 31.95

Light Bites

- Southern fried buttermilk chicken wrap**, sweet chilli, coleslaw, a few fries 843 kcal 11.25
- Barbers 1883 cheddar, balsamic onion and leek quiche**, crème fraîche new potato salad (v, gf) 803 kcal 12.95
- Fillet steak sandwich**, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 962 kcal 15.95
- Salmon and smoked haddock fishcake**, poached egg, white wine, tomato, caper sauce (gf) 579 kcal 13.95
- Honey and chilli halloumi flatbread**, tzatziki and pomegranate (v) 859 kcal 10.25

Sides

Chunky chips (vg, gf) 535 kcal 4.45	Onion rings (gf) 292 kcal 4.95	Mixed salad (vg, gf) 100 kcal 4.75
Garlic bread (v) 426 kcal 4.95	Garlic bread, cheese (v) 634 kcal 5.45	Buttered Mash (v, gf) 287 kcal 4.45
Green beans garlic chilli butter (v, gf) 130 kcal 4.25	Truffle parmesan fries (gf) 450 kcal 5.95	Peppercorn sauce (gf) 135 kcal 2.95

Puddings

Black forest sponge pudding , vanilla custard (v, gf) 680 kcal 7.95
Salted caramel and chocolate tart , coffee Italian meringue (v) 1050 kcal 8.95
Spiced apple, plum and port crumble tart , Bramley apple sorbet, mulled wine syrup (vg) 572 kcal 8.45
Dark chocolate and Biscoff toffee pot , raspberry sorbet (vg) 582 kcal 8.25
Banoffee crumble cheesecake , bananas, salted caramel sauce 840 kcal 8.95
Sticky toffee pudding , toffee sauce, vanilla ice cream (v, gf) 733 kcal 8.75
Toasted waffle , warm forest berries, white chocolate Oreo ice cream, chocolate sauce (v) 794 kcal 8.45
Triple chocolate brownie , chocolate sauce, vanilla ice cream (v, gf) 899 kcal 8.75

Cheeseboard

Choose a selection of cheese's, served with biscuits, grapes, celery, quince, carrot and apricot chutney

Shropshire Blue (v, gf) 123 kcal	Snowdonia Black Bomber (v, gf) 124 kcal	Cotswold Blue Brie (v, gf) 92 kcal
One cheese (v) 164 kcal 4.95	Three cheeses (v) 308 kcal 10.95	

Hot Drink with a Small Pudding

Choose a mini version of our puddings below with a tea or coffee of your choice

Sticky toffee pudding , vanilla ice cream (v, gf) 431 kcal 8.45
Triple chocolate brownie , vanilla ice cream, chocolate sauce (v, gf) 584 kcal 8.45
Waffle , honeycomb ice cream, toffee sauce (v) 538 kcal 8.45

Ice Creams and Sorbets

Vanilla (v, gf) 125 kcal , Strawberry (v, gf) 124 kcal , Raspberry Ripple (v, gf) 128 kcal , Chocolate (v, gf) 127 kcal , Bueno (v, gf) 154 kcal , Mint Chocolate Chip (v, gf) 138 kcal , Salted Caramel (v, gf) 135 kcal , Honeycomb (v, gf) 137 kcal , Bramley Apple Sorbet (vg) 65 kcal , Lime Sorbet (vg, gf) 69 kcal , Lemon Sorbet (vg, gf) 74 kcal , Blood orange Sorbet (vg, gf) 79 kcal , Blackcurrant Sorbet (vg, gf) 68 kcal , Raspberry Sorbet (vg, gf) 68 kcal , Cherry Sorbet (vg, gf) 83 kcal

One scoop (vg, gf) 2.75	Two scoops (vg, gf) 5.50	Three scoops (vg, gf) 8.25
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Coffees and Hot Drinks

Selection of tea (v, gf) 24 kcal 3.95	Americano (vg, gf) 0 kcal 3.75	Cafetière of coffee (v, gf) 58 kcal 3.95
Latte (v, gf) 122 kcal 3.95	Cappuccino (v, gf) 52 kcal 3.95	Flat white (v, gf) 47 kcal 3.95
Espresso (vg, gf) 0 kcal 3.45	Double espresso (vg, gf) 0 kcal 3.75	Hot chocolate (v, gf) 299 kcal 4.45



Additional Menu Information

We always advise you to speak to a member of crew if you have any food allergies or intolerances.

For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten; however, as we handle many allergens in our busy kitchens, we therefore cannot guarantee all traces of allergens are completely removed.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.