

The White Hart ~ Gap Example Daily Menu

~ Friday 15th August 2025 ~

Tipplles of the day

Starters

- Minestrone soup with saffron orzo**, warm sourdough roll (v) 594kcal 7.45
- Pan-seared scallops**, carrot purée, samphire, chorizo and feta crumb (gf) 400kcal 15.95
- Goats' cheese panna cotta**, pickled and roast beetroot, seeded crostini, candied walnuts (v, gf) 317kcal 7.95
- Tempura salmon**, pickled watermelon, pak choi radish salad, ponzu dressing 345kcal 9.45
- Apple and chicory risotto**, hazelnut, apple cider vinaigrette, spinach purée (vg) 258kcal 8.25
- Pork belly, bubble and squeak cake**, kale and HP sauce 483kcal 8.45
- Chicken liver pâté**, carrot and apricot chutney, toasted bloomer (gfa) 586kcal 8.95

Nibbles

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| Crispy duck gyoza, hoisin dip 218kcal 8.25 | Nocellara, Gaeta, Cerignola olives (vg, gf) 222kcal 5.45 |
| Venison and cranberry chipolatas (gf) 306kcal 8.25 | Pumpkin and coconut whipped vegan style feta, focaccia, chilli (vg) 457kcal 7.25 |
| Prawns pil pil, roquito peppers, crostini (gfa) 412kcal 8.25 | Maple glazed figs on toast, vegan labneh, seeds (vg) 327kcal 6.25 |
| Halloumi fries, tomato relish (v, gf) 554kcal 7.45 | Crispy squid with sweet chilli mango 412kcal 7.75 |

Mains

- Crispy Gressingham duck leg**, olive oil mash, roast mushrooms, shallots, pancetta, red wine sauce (gf) 1045kcal 22.95
- Venison loin**, broccoli and stilton purée, black pudding crumb, game sauce (gf) 665kcal 28.95
- Superfood salad with** quinoa, roasted sweet potato, tenderstem, avocado, pomegranates and smoked almonds (vg) 826kcal 14.95
- Braised pork ribeye**, pearl barley and french style peas 830kcal 19.95
- Pan-fried sea bass**, clam velouté, saffron potatoes, grilled piquillo peppers (gf) 672kcal 21.95
- Harissa roasted sweet potato, spiced beluga lentils**, coconut labneh, pickled chillis (vg) 663kcal 15.95
- Steak burger**, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1382kcal 17.45
- Add pulled black garlic beef** 91kcal 2.45
- Beer battered fish and chips**, mushy peas, tartare sauce (gf) 1278kcal 18.25
- Braised feather of beef chasseur**, with wild mushrooms and tarragon mash (gf) 835kcal 21.95
- Mushroom bourguignon pie**, red wine gravy, sauteed greens (vg, gf) 1053kcal 16.95
- Lamb hot pot pie**, green vegetables, buttered mash, red wine gravy (gf) 1159kcal 18.95
- Pan fried bacon chop**, bubble and squeak cake, cider cream sauce, apple purée (gf) 960kcal 17.95
- Crispy beef salad**, sweet chilli sauce, roasted cashew nuts (gf) 873kcal 17.95

Sides

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| Truffle parmesan fries (gf) 450kcal 5.95 | Tomato, rocket, Parmesan salad (gf) 169kcal 4.95 |
| Garlic bread, cheese (v) 621kcal 5.95 | Peppercorn sauce (gf) 137kcal 2.95 |
| Honey roast carrots (v, gf) 176kcal 4.95 | Charred tenderstem broccoli, chilli and garlic (vg, gf) 70kcal 4.95 |

Light Bites

Fillet steak sandwich, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 962kcal 16.95

Slow roasted duck wrap, hoisin sauce, cucumber, spring onion and chilli salad 696kcal 11.95

Chicken schnitzel, Coronation butter, sauerkraut, coriander mayonnaise 617kcal 11.75

Vegan mushroom stroganoff, tagliatelle pasta, smoked paprika croutes (vg) 407kcal 12.95

Smoked haddock and salmon fishcake, tomato, spring onion salad (gf) 473kcal 13.95

Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, gf) 899kcal 8.45

Blackberry and sticky apple sponge, cinnamon custard (v) 648kcal 7.95

Warm dark chocolate fondant, chocolate sauce, salted caramel ice cream (v, gf) 767kcal 8.95

Caramelised pear, bitter chocolate and almond trifle (vg, gf) 468kcal 8.25

Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 732kcal 8.45

Hot waffle, caramelised banana, toffee sauce, honeycomb ice cream (v) 855kcal 8.45

Caramelised apple tart tatin, vanilla ice cream, Calvados toffee sauce (v) 583kcal 8.25

Affogato, espresso, vanilla ice cream (v, gf) 126kcal 6.25

Dessert wines 50ml / Bottle

Cheeseboard

A selection of British and French cheese, biscuits, chutney, celery 1208kcal 14.95

Cheshire Farm Ice Cream

Ice Cream; Vanilla (v, gf) 125kcal , Chocolate (v, gf) 127kcal , Honeycomb (v, gf) 137kcal , Raspberry Ripple (v, gf) 128kcal , Strawberry (v, gf) 124kcal , Raspberry Sorbet (vg, gf) 68kcal , Mango Sorbet (vg, gf) 62kcal , Blackcurrant Sorbet (vg, gf) 68kcal ,

Small Pudding and a Hot Drink

Choose a mini version of our puddings with a tea or coffee of your choice

Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, gf) 583kcal 8.95

Waffle, banoffee ice cream, toffee sauce (v) 511kcal 8.45

Sticky toffee pudding, vanilla ice cream (v, gf) 429kcal 8.95

Coffees and Hot Drinks

Americano (vg, gf) 0kcal 3.95

Double espresso (vg, gf) 1kcal 3.95

Macchiato (v, gf) 12kcal 3.95

Cappuccino (v, gf) 52kcal 4.35

Latte (v, gf) 122kcal 4.35

Flat white (v, gf) 47kcal 4.35

Selection of tea (v, gf) 24kcal 3.95

Hot chocolate (v, gf) 299kcal 4.45

Irish coffee (v, gf) 135kcal 7.95



Additional Menu Information

We always advise you to speak to a member of crew if you have any food allergies or intolerances.

For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten; however, as we handle many allergens in our busy kitchens, we therefore cannot guarantee all traces of allergens are completely removed.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.