



Haighton Manor

Curry Week

Monday 6th October - Saturday 11th October

Starters

Carrot and red onion bhaji, mango chutney (vg) *333 kcal* 5.25

Lightly curried sweet potato soup, coriander and lime crème fraîche, warm seeded roll (v, gfa) *514 kcal* 7.45

Mains

Slow cooked tandoori lamb, braised pilaf rice, flatbread, onion bhaji, poppadoms. *1640 kcal* 25.95

Sweet potato, aubergine and spinach Malaysian curry, coconut rice, pak choi (vg, gf) *614 kcal* 16.95

Malaysian salmon and prawn laksa curry, noodles, pak choi, edamame, coriander *1006 kcal* 21.95

Goan chicken breast curry, sticky coconut rice, Asian greens (gf) *653 kcal* 17.95

Additional Menu Information



We always advise you to speak to a member of crew if you have any food allergies or intolerances. For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten; however, as we handle many allergens in our busy kitchens, we therefore cannot guarantee all traces of allergens are completely removed.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

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