# The Highdown ~ Daily Menu 

~ Wednesday 10th April 2024 ~
Starters and Nibbles
Parsnip and apple soup, thyme coconut yogurt, warm sourdough (v, gfa) 476 kcal 7.25
Whipped goats cheese, pickled rhubarb, beetroot, pistachio toasted granola (v) 396 kcal ..... 7.95
Chicken liver pâté, clementine and cranberry chutney, toasted bloomer 534 kcal 8.25
Smoked salmon, dill cream cheese, caper and fennel salad, malted bread 422 kcal 10.95
Tempura asparagus, tomato coulis, roasted almonds, heritage tomatoes (vg, gf) 483 kcal 10.95
Pan fried scallops with butternut squash puree, sea vegetables (gf) 304 kcal 15.95
Nibbles
Chicken wings, gochujang ketchup (gf) 551 kcal 6.75
Vegetable parcels, chilli mango dip (vg) 278 kcal 5.95
Halloumi fries, tomato relish (v, gf) 538 kcal ..... 6.95
Prawns pil pil, roquito peppers, crostini (gfa) 567 kcal ..... 7.95
Nocellara, Gaeta, Cerigniona olives (vg, gf) 222 kcal 4.95
BBQ pulled pork bao bun 394 kcal 7.25
Cheese and Branston pickle croquettes 380 kcal 4.95
Crispy squid, sweet chilli mango 422 kcal 7.45
Padron peppers, sea salt (vg, gf) 131 kcal ..... 5.75
Black pudding and sausage roll, apple purée 602 kcal ..... 6.75

## Light Bites

Barbers 1883 cheddar, balsamic onion and leek quiche, crème fraîche new potato salad ( $\mathrm{v}, \mathrm{gf}$ ) 809 kcal 11.95
Pecorino, truffle and potato hash brown, wild mushrooms, spinach, poached eggs, hollandaise (gf) 570 kcal 13.95
Fillet steak sandwich, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 1001 kcal 16.95
Smoked haddock and salmon fishcake, tomato, spring onion salad (gf) 486 kcal ..... 14.95
Crispy sticky bang bang tofu salad, sesame miso dressing, toasted peanuts (vg, gf) 849 kcal ..... 12.95
Mains
Crispy buttermilk chicken burger, pancetta, garlic mayonnaise, slaw, chips 1564 kcal 16.95
Prosciutto pork tenderloin, sun blush potato cake, peas, chorizo, Rioja jus (gf) 596 kcal 20.95
Braised shoulder of lamb, minted new potatoes, seasonal vegetables, rosemary gravy (gf) 939 kcal ..... 23.95
Fish pie, salmon, smoked haddock, king prawns, boiled egg, French style peas (gf) 1111 kcal ..... 18.45
Braised feather of beef, dauphinoise potato, wild mushroom, pancetta, onions red wine jus (gf) 706 kcal ..... 22.95
Pan fried chicken breast, wild mushroom, truffle arancini, butternut squash purée, Madeira sauce (gf) 663 kcal ..... 19.95
Pan-fried trout, pea and asparagus risotto, roasted cauliflower purée, salsa verde (gf) 674 kcal 19.95
Buttercross farm Cumberland sausages, buttered mash, onion gravy (gf) 1106 kcal 16.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts (gf) 779 kcal 17.45
Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1391 kcal 16.95
Pan roasted halibut, celeriac rosti, confit fennel, tempura clams, beurre noisette (gf) 889 kcal 22.95
Lentil bolognese tagliatelle, black olive and tomato compote, vegan parmesan shards (vg) 1194 kcal ..... 16.95
Lamb rosemary pie, green vegetables, buttered mash, red wine gravy (gf) 1310 kcal ..... 17.95
Tandoori halloumi burger, carrot and red onion bhaji, mango chutney, slaw and fries (v) 1407 kcal ..... 16.95
Deep fried cod in beer batter, chips, mushy peas, tartare sauce (gf) 1257 kcal 17.45
100z 30 day aged Scotch ribeye steak, pepper sauce, portobello mushroom, tomato, chunky chips (gf) 1346 kcal ..... 33.95


Not Including Irish Coffee
Waffle, honeycomb ice cream, toffee sauce (v) 490 kcal 8.45
Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, gf) 580 kcal 8.45
Sticky toffee pudding, vanilla ice cream (v, gf) 433 kcal 8.45

## Ice Creams and Sorbets

Choose any of the below for $£ 2.50$ per scoop

| Mint Chocolate Chip (v, gf) | Strawberry (v, gf) |
| :--- | :--- |
| Chocolate (v, gf) | Banoffee (v, gf) |
| Honeycomb (v, gf) | Salted Caramel (v, gf) |
| Raspberry Ripple (v, gf) | Blackcurrant Sorbet (vg, gf) |
| Orange Sorbet (vg, gf) | Raspberry Sorbet (vg, gf) |
| Lemon Sorbet (vg, gf) |  |

## Hot Drinks

Irish coffee (v, gf) 135 kcal 8.95
Cappuccino (v, gf) 127 kcal 4.45
Latte (v, gf) 128 kcal 4.45
Double espresso (vg, gf) okcal 3.95
Selection of tea (v, gf) 24 kcal 3.95
Americano (vg, gf) 0 kcal 3.95
Flat white (v, gf) 47 kcal 4.45
Espresso (vg, gf) 0 kcal 3.75
Hot chocolate (v, gf) 96 keal 4.45

Alat 3.95
Flat white (v, gf) 47 kcal 4.45
Espresso (vg, gf) okcal 3.75
Hot chocolate (v, gf) 96keal 4.45

# Water for the table - In order to reduce carbon emissions and to support Water Aid, we charge 

 $£ 1.50$ per table for unlimited filtered still and sparkling water.[^0]
[^0]:    Adults need around 2000 kcal a day. We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20 ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients.
    v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

