



## Sunday Menu

### Whilst you wait

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Focaccia, Italian olives, balsamic, extra virgin rapeseed oil (vg) 822 kcal 12.

### Starters and Nibbles

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Antipasto; chorizo, Serrano ham, salchichón, olives, chickpea hummus, focaccia 530 kcal 10.

English asparagus, poached hens egg and hollandaise (gf) 472 kcal 11.

Collebianco burrata, slow roast heritage tomatoes, pesto, croutes (v) 578 kcal 11.

King prawn cocktail, buttered seeded bread (gfa) 577 kcal 11.

Griddled courgette, pomegranate, coconut feta salad, orange dressing (vg, gf) 313 kcal 8.5

Half pint shell on prawns, Marie Rose 310 kcal 6.5 Crispy chilli beef, cashew nuts (gf) 474 kcal 8.

King prawns, garlic butter, ciabatta 428 kcal 8. Red pepper and tomato hummus, flatbread (vg) 498 kcal 7.

Halloumi fries, chilli jam (v, gf) 620 kcal 8. Buttermilk buffalo chicken, blue cheese dip (gf) 614 kcal 8.

Crispy squid, sweet chilli 414 kcal 7.5 Sticky bang bang pork 546 kcal 7.5

### Roasts

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Roast shoulder of lamb, rosemary red wine gravy 1135 kcal 26.

Mixed roast beef (served pink), porchetta (slow roasted belly), all the trimmings (gfa) 1426 kcal 26.

Roast porchetta, (slow roasted belly) sage and apple stuffing, apple sauce 1206 kcal 21.

Roast beef (served pink), with Yorkshire pudding (gfa) 1187 kcal 23.5

Half roast chicken, sage and apple stuffing, sausage wrapped in bacon 1393 kcal 22.5

Butternut squash, wild mushroom and lentil wellington roast potatoes, vegetables, gravy (vg) 682 kcal 18.

35oz Tomahawk {for two} (gf) 5166 kcal 80.

Cauliflower cheese (v, gf) 379 kcal 6. Truffle macaroni cheese (v) 672 kcal 6.5 Truffle parmesan fries (gf) 450 kcal 6.5

Broccoli, chilli, almonds (v, gf) 291 kcal 5.5 Pigs in blankets (gf) 519 kcal 7. Onion rings (gf) 292 kcal 5.

Garlic bread (v) 426 kcal 6. Garlic bread, cheese (v) 621 kcal 6.5 Fries (vg, gf) 377 kcal 5.

Mixed salad (vg, gf) 99 kcal 5. Buttered vegetables (v, gf) 199 kcal 5. Chunky chips (vg, gf) 535 kcal 5.

### Mains

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Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1382 kcal 18.5

Chicken Caesar salad, gem lettuce, herb croutons, crispy bacon, anchovies, Parmesan 998 kcal 19.

Fettuccine with mozzarella, summer artichoke, basil pesto, toasted pine nuts and black olives 1046 kcal 17.

Poached salmon nicoise, potatoes, soft boiled egg, olives, oregano oil (gf) 689 kcal 17.

Vegetable Thai green curry, sweet potato, aubergine, coconut sticky rice (vg, gf) 413 kcal 18.

Beer battered fish and chips, mushy peas, tartare sauce (gf) 1278 kcal 19.

Moving mountains vegan burger, smoked applewood, spicy tomato mayonnaise, fries (vg) 1382 kcal 18.

Smoked haddock and salmon fishcake, poached egg, heritage tomatoes (gf) 594 kcal 14.

Crispy beef salad, sweet chilli sauce, roasted cashew nuts (gf) 873 kcal 17.

Courgette, cherry tomato and feta quiche, crème fraîche new potato salad (v, gf) 827 kcal 14.



#### Additional Menu Information

We always advise you to speak to a member of crew if you have any food allergies or intolerances.

For calories and allergen information please scan this QR or ask a crew member for assistance.

Gluten Free - Where we offer gluten free dishes, controls are in place to ensure that dishes contain no more than 20 parts per million gluten; however, as we handle many allergens in our busy kitchens, we therefore cannot guarantee all traces of allergens are completely removed.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.