



The White Hart ~ Sunday Menu

Starters

- Leek and potato soup**, warm sourdough bread (v, gfa) 643 kcal 7.25
Braised lamb breast, feta, pomegranate, pea purée, lamb jus (gf) 363 kcal 8.95
Crispy salmon, ginger, lemongrass cake, lime, mango chilli salad (gf) 330 kcal 9.95
Baked camembert, roasted grapes, walnuts, pink peppercorn crostini (v, gfa) 615 kcal 10.45
Pea and mint pannacotta, coconut cheese, sauce vierge (vg) 297 kcal 7.75
King prawn, crispy squid and crushed avocado, salad, saffron, garlic and lemon aioli 558 kcal 8.95
Chicken liver pâté, carrot and apricot chutney, toasted bloomer (gfa) 586 kcal 8.45
- Prawns pil pil, roquito peppers, crostini (gfa) 567 kcal 7.95 Pea and mint arancini, pesto (vg, gf) 459 kcal 6.95
Halloumi fries, tomato relish (v, gf) 538 kcal 7.45 Crispy chicken wings, gochujang ketchup (gf) 565 kcal 7.95
Crispy squid, sweet chilli mango 422 kcal 6.95 Tarragon polenta, mushroom ketchup (vg, gf) 475 kcal 6.45
Crispy chilli beef, cashew nuts (gf) 571 kcal 7.95 Tempura hake, Asian dipping sauce (gf) 224 kcal 7.45

Roasts

- Mixed roast beef (served pink), porchetta, (slow roasted belly)**, all the trimming (gf) 1338 kcal 26.95
Roast sirloin of beef (served pink) with Yorkshire pudding 1284 kcal 25.95
Roast shoulder of lamb, rosemary red wine gravy (gf) 1150 kcal 25.95
Roast porchetta, (slow roasted belly) sage and apple stuffing, apple sauce (gf) 1271 kcal 21.95
Butternut squash, wild mushroom and lentil wellington roast potatoes, vegetables, gravy (vg) 814 kcal 18.95
- Pigs in blankets (gf) 536 kcal 6.25 Pork and apple stuffing (gf) 698 kcal 4.95 Cauliflower cheese (v, gf) 392 kcal 5.95

Mains and Light Bites

- Pan fried salmon fillet**, warm tartare sauce, potatoes, mussels (gf) 712 kcal 21.95
Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1391 kcal 16.95
Moroccan crispy lamb salad, cous cous, marinated apricot, lemon, mint yoghurt 953 kcal 18.95
Summer vegetable risotto, coconut feta, broad beans, radish, asparagus, lemon (vg, gf) 464 kcal 16.95
Deep fried cod in beer batter, chips, mushy peas, tartare sauce (gf) 1257 kcal 17.45
Chicken, Wild Mushroom pie, buttered mash, green vegetables, red wine gravy (gf) 1308 kcal 17.95
Honey roasted ham, (served cold) fried eggs and chips (gf) 1211 kcal 16.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts (gf) 779 kcal 16.95
Sweet potato, aubergine and spinach Malaysian curry, coconut rice, pak choi (vg, gf) 731 kcal 17.95
Fish pie, smoked haddock, salmon, cod, king prawns, French style peas (gf) 843 kcal 18.95
Cheddar, balsamic onion and leek quiche, crème fraîche new potato salad (v, gf) 903 kcal 11.95

Sides

- Truffle macaroni cheese (v) 674 kcal 5.75 Chunky chips (vg, gf) 535 kcal 4.50 Buttered vegetables (v, gf) 200 kcal 4.95
Mixed salad (vg, gf) 99 kcal 4.75 Truffle parmesan fries (gf) 453 kcal 5.75 Garlic bread, cheese (v) 621 kcal 5.00

Adults need around 2000 kcal a day.

12.5% discretionary service charge will be added to your bill. 100% of which goes to our crew | The White Hart - www.whitehart-cadnam.co.uk - 02380 812 277

Adults need around 2000 kcal a day. We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.