



The Tally Ho ~ Daily Menu

~ Monday 1st April 2024 ~

Starters

- Leek and potato soup**, warm sourdough bread (v, gfa) 643 kcal 7.25
Deep fried brie, apricot carrot chutney, candied pecan salad (v, gf) 593 kcal 8.75
Smoked salmon, dill cream cheese, caper and fennel salad, malted bread 422 kcal 10.95
Mezze - marinated aubergine, courgette, blush tomatoes, olives, hummus, toasted pitta (vg) 531 kcal 9.25
Chicken liver pâté, carrot and apricot chutney, toasted bloomer (gfa) 586 kcal 8.45
Pan fried scallops, spiced carrot puree, dukkah crumb (gf) 323 kcal 15.95

Nibbles

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| Marinated Greek olives (vg, gf) 156 kcal 5.45 | Crispy baby squid, siracha mayo 507 kcal 7.45 |
| Sticky crispy Bang bang pork (gf) 571 kcal 7.95 | Prawns pil pil, roquito peppers, crostini (gfa) 567 kcal 8.25 |
| Red pepper, tomato hummus, pitta crisps (vg) 516 kcal 6.50 | Bang bang cauliflower, sesame, chilli (vg, gf) 383 kcal 6.45 |
| Warm chorizo sausage (gf) 586 kcal 6.95 | BBQ chicken wings (gf) 758 kcal 6.95 |

Mains

- Fish pie**, salmon, smoked haddock, king prawns, boiled egg, French style peas (gf) 1111 kcal 18.95
Wild mushroom, chestnut, lentil, spinach Wellington, redcurrant gravy (vg) 1190 kcal 16.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts (gf) 779 kcal 17.45
Smoked haddock and salmon fishcakes, tomato, spring onion salad (gf) 851 kcal 16.95
Moving mountains vegan burger, smoked applewood cheese, spicy tomato mayonnaise, fries (vg) 1210 kcal 16.45
Chicken, ham and leek pie, buttered mash, green vegetables, white wine and tarragon sauce (gf) 1333 kcal 17.45
Sweet potato, aubergine and spinach Malaysian curry, coconut rice, pak choi (vg, gf) 731 kcal 17.95
Grilled sea bass, cockle cream sauce, lemon potato cake (gf) 814 kcal 22.95
Appleby's Cheshire cheese, onion and potato pie, buttered greens, redcurrant gravy (v, gf) 1426 kcal 16.95
Buttercross farm pork and leek sausages, buttered mashed potatoes, onion gravy (gf) 924 kcal 17.25
Deep fried cod in beer batter, chips, mushy peas, tartare sauce (gf) 1257 kcal 17.45
Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1391 kcal 16.95
Add pulled BBQ pork 104 kcal 2.45
7oz fillet steak, pepper sauce, portobello mushroom, tomato, chunky chips (gf) 1205 kcal 32.95
10oz Black Angus ribeye steak, pepper sauce, portobello mushroom, tomato, chunky chips (gf) 1394 kcal 31.95

Sides

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| Garlic bread (v) 426 kcal 4.95 | Garlic bread, cheese (v) 621 kcal 5.45 | Chunky chips (vg, gf) 535 kcal 4.45 |
| Onion rings (vg, gf) 250 kcal 4.45 | Mixed salad (vg, gf) 99 kcal 4.45 | Peppercorn sauce (gf) 144 kcal 2.95 |
| Cauliflower cheese, bacon crumb, truffle (gf) 436 kcal 5.95 | Fries (vg, gf) 377 kcal 4.45 | Truffle parmesan fries (gf) 453 kcal 5.95 |

Light Bites and Sandwiches (Sandwiches available until 5pm)

- Harrogate blue, spinach, balsamic onion quiche** apple, celery, grape salad (v, gf) *879 kcal* 11.95
- King prawn linguine**, garlic, chilli, parmesan and basil *696 kcal* 13.95
- Smoked haddock and salmon fishcake**, tomato, spring onion salad (gf) *486 kcal* 13.95
- Fillet steak sandwich**, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries *1001 kcal* 14.95
- Open smoked salmon sandwich**, chive cream cheese, granary bread, pickled cucumber (gfa) *361 kcal* 10.95
- Fish finger sandwich**, tartare sauce *702 kcal* 10.95

Puddings

- Sticky toffee pudding**, toffee sauce, vanilla ice cream (v, gf) *752 kcal* 7.95
- White chocolate and passion fruit cheesecake**, Blood orange sorbet, passion fruit coulis *811 kcal* 8.45
- Hot waffle**, caramelised banana, toffee sauce, honeycomb ice cream (v) *796 kcal* 7.95
- Warm dark chocolate fondant**, chocolate sauce, vanilla ice cream (v, gf) *702 kcal* 8.25
- Crème brûlée**, shortbread (v, gf) *789 kcal* 8.25
- Poached rhubarb**, stem ginger granola, vegan crematta, orange sorbet (vg, gf) *336 kcal* 7.95
- Caramelised apple tart Tatin**, vanilla ice cream, Calvados toffee sauce (v) *584 kcal* 8.25

Cheeseboard

- A selection of British farmhouse cheese**, biscuits, chutney, celery *1191 kcal* 13.95

Please see our pudding menu for cheese selection

Cheshire Farms ice cream and sorbets

- One scoop (vg, gf) 2.50 , Two scoops (vg, gf) 5.00 , Three scoops (vg, gf) 7.50
- Ice Cream Vanilla (v, gf) *127 kcal* , Strawberry (v, gf) *122 kcal* , Salted Caramel (v, gf) *135 kcal* , Raspberry Ripple (v, gf) *128 kcal* , Chocolate (v, gf) *127 kcal* , Honeycomb (v, gf) *137 kcal*
- Sorbets Milk chocolate sorbet (v, gf) *100 kcal* , Blackcurrant Sorbet (vg, gf) *68 kcal* , Vegan Vanilla (vg, gf) *75 kcal* , Bramley Apple Sorbet (vg, gf) *65 kcal* , Orange Sorbet (vg, gf) *72 kcal* , Raspberry Sorbet (vg, gf) *68 kcal*

Small pudding and hot drink

- Waffle**, honeycomb ice cream, toffee sauce (v) *490 kcal* 8.45
- Sticky toffee pudding**, vanilla ice cream (v, gf) *433 kcal* 8.45
- Triple chocolate brownie**, vanilla ice cream, chocolate sauce (v, gf) *580 kcal* 8.45
- Mini crème brûlée**, shortbread (v, gf) *498 kcal* 7.95

Hot Drinks

All hot drinks are served with a gluten free shortbread biscuit.

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| Cappuccino (v, gf) <i>127 kcal</i> 3.95 | Latte (v, gf) <i>128 kcal</i> 3.95 |
| Cafetière of coffee (v, gf) <i>47 kcal</i> 3.95 | Flat white (v, gf) <i>47 kcal</i> 3.95 |
| Americano (vg, gf) <i>0 kcal</i> 3.75 | Espresso (vg, gf) <i>0 kcal</i> 3.45 |
| Double espresso (vg, gf) <i>0 kcal</i> 3.75 | Selection of tea (v, gf) <i>24 kcal</i> 3.95 |
| Irish coffee (v, gf) <i>135 kcal</i> 7.95 | Hot chocolate (v, gf) <i>298 kcal</i> 4.45 |
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Adults need around 2000 kcal a day. We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.