

# The Hand & Trumpet

## Children's Menu

### Nibbles

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Garlic bread (v) *426 kcal* 4.95

Garlic bread, cheese (v) *621 kcal* 5.95

### Children's Sunday Roasts

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Served with roast potatoes and seasonal vegetables

**Roast porchetta**, pork and apple stuffing, crackling, apple sauce (gf) *716 kcal* 12.95

**Roast beef (served pink)**, Yorkshire pudding (gfa) *697 kcal* 13.95

### Mains

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**5oz rump steak**, chips, peas (gf) *717 kcal* 9.95

**Chicken goujons**, chips, peas (gf) *767 kcal* 7.95

**Fish goujons**, chips, peas (gf) *574 kcal* 7.95

**Penne pasta**, tomato sauce, cheese (v, gf) *453 kcal* 6.95

**Beef burger**, melted cheese, chips, salad *621 kcal* 7.95

### Puddings

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**Chocolate brownie, vanilla ice cream** (v, gf) *518 kcal* 4.95

**Sticky toffee pudding**, toffee sauce, vanilla ice cream (v, gf) *515 kcal* 4.95

**Hot waffle, banana, honeycomb ice cream** (v) *307 kcal* 4.95

### Cheshire Farm Ice Cream and Sorbets

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Three scoops (vg, gf) 7.50    Two scoops (vg, gf) 5.00    One scoop (vg, gf) 2.50

Ice cream; Vanilla (v, gf) *127 kcal*, Strawberry (v, gf) *122 kcal*, Chocolate (v, gf) *127 kcal*,

Honeycomb (v, gf) *137 kcal*, Raspberry Ripple (v, gf) *128 kcal*

Sorbets; Lemon Sorbet (vg, gf) *74 kcal*, Raspberry Sorbet (vg, gf) *68 kcal*,

Orange Sorbet (vg, gf) *72 kcal*, Bramley Apple Sorbet (vg, gf) *65 kcal*,

Milk chocolate sorbet (v, gf) *100 kcal*

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We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

The Hand & Trumpet - [www.handandtrumpet.co.uk](http://www.handandtrumpet.co.uk) - 01270 820 048

