



# The Morris Dancer ~ Sunday Menu

~ Sunday 14th April 2024 ~

## Starters and Nibbles

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- Curried parsnip and apple soup**, warm sourdough roll (v, gfa) 587kcal 7.25  
**Coriander falafel**, tabbouleh, preserved lemon and tahini dressing (vg) 630kcal 7.95  
**Crispy teriyaki King prawns**, pickled ginger, lime, watermelon salad (gf) 373kcal 9.95  
**Char-grilled bruschetta**, burrata, oven-dried tomatoes and basil pesto (v) 702kcal 9.95  
**Crispy lamb fritter**, romesco sauce, ras el hanout, almonds, pomegranate (gf) 481kcal 8.95  
**Chicken liver pâté**, fig chutney, toasted bloomer (gfa) 618kcal 8.40
- Bacon, maple and chilli chipolatas (gf) 543kcal 6.25      Bang bang tofu (vg, gf) 412kcal 5.95  
Hake scampi, tartare sauce (gf) 410kcal 7.45      Halloumi fries, tomato relish (v, gf) 538kcal 6.75  
Crispy squid, sweet chilli 435kcal 6.95      Hummus, seeded thins (v, gf) 497kcal 5.95  
BBQ chicken wings (gf) 676kcal 7.75      Nocellara olives (vg, gf) 221kcal 4.45

## Sunday Roasts

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All served with roast potatoes, seasonal veg and gravy

- Mixed roast beef, pork loin**, all the trimmings (gfa) 1177kcal 21.95  
**Roast beef (served pink)** Yorkshire pudding (gfa) 875kcal 20.95  
**Roast loin of pork**, sage and apple stuffing, crackling apple sauce (gf) 1171kcal 18.95  
**Appleby's Cheshire cheese, onion and potato pie** buttered greens, roast potatoes (v, gf) 1295kcal 16.95  
**Braised shoulder of lamb**, rosemary gravy (gf) 1142kcal 24.95  
**Half roast chicken**, stuffing, Yorkshire pudding, roast potatoes, gravy 1779kcal 19.95  
**Nut roast**, butternut squash, cashew, chestnut, spinach, redcurrant gravy (vg, gf) 1025kcal 15.45

## Sunday Sides

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- Cauliflower cheese (v, gf) 392kcal 5.95      Braised red cabbage (vg, gf) 51kcal 4.25  
Pigs in blankets (gf) 536kcal 6.25      Duck fat roast potatoes (gf) 227kcal 4.45

## Mains

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- Deep fried cod in beer batter**, chips, mushy peas, tartare sauce (gf) 1257kcal 16.95  
**Crispy beef salad**, sweet chilli sauce, roasted cashew nuts (gf) 779kcal 16.95  
**Steak burger**, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, chips 1384kcal 16.95  
Add pulled BBQ pork 104kcal 2.50  
**Lamb rosemary pie**, green vegetables, buttered mash, red wine gravy (gf) 1310kcal 16.95  
**Vegetable Thai green curry**, sweet potato, aubergine, coconut sticky rice (vg, gf) 689kcal 15.95  
**Baked hake**, spring vegetables, new potatoes, warm tartare sauce (gf) 497kcal 21.95  
**Smoked haddock and salmon fishcake**, tomato, spring onion salad (gf) 486kcal 13.95  
**Asparagus feta pea and mint quiche**, apple, celery, grape salad, potato salad (v, gf) 868kcal 12.95

## Sides

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Peppercorn sauce (gf) 144 kcal 2.95

Chunky chips (vg, gf) 535 kcal 4.45

Onion rings (vg, gf) 250 kcal 4.45

Garlic bread (v) 426 kcal 4.75

Fries (vg, gf) 377 kcal 4.45

Garlic bread, cheese (v) 621 kcal 5.25

Mixed salad (vg, gf) 99 kcal 4.75

## Puddings and Cheese

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**Mint choc chip and dark chocolate Arctic slice**, chocolate sauce (v) 539 kcal 7.95

**Toasted waffle**, glazed pineapple, coconut ice cream (v) 441 kcal 7.45

**Crème brûlée**, shortbread (v, gf) 789 kcal 7.95

**Toffee apple tart**, butterscotch sauce, vanilla ice cream (v) 800 kcal 7.95

**Biscoff cheesecake**, raspberry sorbet (vg) 543 kcal 8.25

**Sticky toffee pudding**, toffee sauce, vanilla ice cream (v, gf) 752 kcal 7.95

**Triple chocolate brownie**, chocolate sauce, vanilla ice cream (v, gf) 958 kcal 7.95

**A selection of British cheeses**, biscuits, quince, chutney, grapes, celery (v) 820 kcal 12.95

## Cheshire Farm Ice Cream and Sorbet

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Choose from any of the below for 2.50 per scoop

Vanilla (v, gf) 127 kcal

Salted Caramel (v, gf) 135 kcal

Blackcurrant Sorbet (vg, gf) 68 kcal

Lemon Sorbet (vg, gf) 74 kcal

Chocolate (v, gf) 127 kcal

Raspberry Sorbet (vg, gf) 68 kcal

Strawberry (v, gf) 122 kcal

Honeycomb (v, gf) 137 kcal

## Small Pudding and a Hot Drink

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Choose a mini version of our puddings with a tea or coffee of your choice

**Mini waffle**, glazed pineapple, coconut ice cream (v) 450 kcal 8.45

**Sticky toffee pudding**, vanilla ice cream (v, gf) 433 kcal 8.45

**Triple chocolate brownie**, vanilla ice cream, chocolate sauce (v, gf) 580 kcal 8.45

## Hot drinks

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Cafetière of coffee (v, gf) 47 kcal 3.45

Flat white (v, gf) 33 kcal 3.95

Espresso (vg, gf) 0 kcal 3.45

Latte (v, gf) 94 kcal 3.95

Americano (vg, gf) 0 kcal 3.75

Selection of tea (v, gf) 24 kcal 3.95

Cappuccino (v, gf) 81 kcal 3.95

Double espresso (vg, gf) 1 kcal 3.75

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Adults need around 2000 kcal a day. We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.