

# The Highdown Children's Menu

### **Nibbles**

BBQ chicken wings (gf) 676 kcal 6.95

Garlic bread (v) 426 kcal 4.95

#### Mains

**Southern fried buttermilk chicken,** salad and fries (gf) 561 kcal 8.95

Cod goujons, chips and peas (gf) 476 kcal 8.95

Mac 'n' Cheese (v) 1034 kcal 6.95

Pork and leek sausage, chips, garden peas (gf) 1014 kcal 8.95

**Southern fried Chicken burger, chips** 590 kcal 7.95

Beef burger, melted cheese, chips, salad 621 kcal 8.95

Mozzarella and tomato topped 'pizza' ciabatta, fries (v) 514 kcal 8.95

**5oz rump steak,** chips, peas (gf) 717 kcal 9.95

## Puddings

**Banana split,** ice cream and whipped cream (v, gf) 694 kcal 5.95

**Waffle**, chocolate sauce, marshmallows, vanilla ice cream 406 kcal 5.45

Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 515 kcal 4.95

Chocolate brownie, vanilla ice cream (v, gf) 518 kcal 4.95

## Cheshire Farm Ice Cream

Vanilla (v, gf) 127 kcal

1 scoop £2.50 - 2 scoops £5 - 3 scoops £7.50

Strawberry (v, gf) 122 kcal Chocolate (v, gf) 127 kcal

Banoffee (v, gf) 134 kcal Honeycomb (v, gf) 137 kcal

kcal

Raspberry Ripple (v, gf) 128

Bueno . (v, gf) 205 kcal

Salted Caramel (v, gf) 135 kcal Mint Chocolate Chip (v, gf)

138 kcal

We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients. v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

