



# Little Manor ~ Sunday Menu

~ Monday 18th March 2024 ~

## Starters and Nibbles

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- Cauliflower and Cheddar soup**, warm sourdough roll (v, gfa) 665 kcal 7.25  
**Chicken liver pâté**, onion marmalade, toasted bloomer (gfa) 458 kcal 8.45  
**Chicken Caesar croquette**, Parmesan, prosciutto ham and anchovy salad (gf) 526 kcal 7.75  
**Teriyaki and sesame salmon**, pickled radish, cucumber salad, tamari and ginger dressing (gf) 301 kcal 8.95  
**Sautéed wild mushrooms, garlic, spinach**, toasted ciabatta, truffle oil (vg) 534 kcal 8.95
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| Sticky bang bang pork (gf) 637 kcal 6.95            | BBQ chicken wings (gf) 758 kcal 7.45                 |
| Goan curry king prawns, flatbread 511 kcal 7.95     | Frickles, sriracha mayonnaise (vg, gf) 430 kcal 5.45 |
| Padron peppers, sea salt (vg, gf) 131 kcal 5.45     | Crispy squid, sweet chilli mango 422 kcal 6.95       |
| Halloumi fries, tomato relish (v, gf) 538 kcal 6.95 |  |

## Sunday Roasts

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All our roasts are served with duck fat roast potatoes, vegetables & gravy...

- Roast beef (served pink)** Yorkshire pudding (gfa) 1009 kcal 19.95  
**Roast porchetta, (slow roasted belly)** sage and apple stuffing, apple sauce (gf) 1264 kcal 19.95  
**Mixed roast beef(served pink), porchetta,(slow roasted belly)**, all the trimming (gf) 1331 kcal 22.95  
**Roast half chicken**, sage and apple stuffing, pig in blanket (gf) 1273 kcal 19.95  
**Braised shoulder of lamb**, rosemary gravy (gf) 1004 kcal 24.95  
**Appleby's Cheshire cheese, onion and potato pie** buttered greens, roast potatoes (v, gf) 1295 kcal 16.95

## Sunday Sides

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| Yorkshire pudding (v) 240 kcal 1.25        | Braised red cabbage (vg, gf) 51 kcal 4.25  |
| Cauliflower cheese (v, gf) 398 kcal 5.95   | Pigs in blankets, gravy (gf) 380 kcal 6.45 |
| Duck fat roast potatoes (gf) 227 kcal 4.95 | Buttered Mash (v, gf) 257 kcal 4.45        |

## Mains

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- Buttercross farm Cumberland sausages**, buttered mash, onion gravy (gf) 1106 kcal 16.95  
**Deep fried cod in beer batter**, chips, mushy peas, tartare sauce (gf) 1257 kcal 16.95  
**Steak burger**, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1391 kcal 15.95  
Add pulled BBQ beef 73 kcal 2.25  
**Smoked haddock and salmon fishcakes**, tomato, spring onion salad (gf) 851 kcal 15.95  
**Sweet potato, aubergine and spinach Malaysian curry**, coconut rice, pak choi (vg, gf) 759 kcal 16.95  
**Tagine cottage pie**, sweet potato mash, saffron cous cous salad, toasted pitta (vg) 714 kcal 16.50  
**Crispy beef salad**, sweet chilli sauce, roasted cashew nuts (gf) 779 kcal 16.95

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Adults need around 2000 kcal a day.

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## Sides

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Garlic bread (v) 426 kcal 4.45	Garlic bread, cheese (v) 633 kcal 4.95	Onion rings (vg, gf) 250 kcal 4.45
Mixed salad (vg, gf) 99 kcal 4.75	Chunky chips (vg, gf) 535 kcal 4.45	Fries (vg, gf) 377 kcal 4.25

## Puddings

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**Crème brûlée**, shortbread (v, gf) 789 kcal 7.95  
**Hot waffle**, caramelised banana, toffee sauce, honeycomb ice cream (v) 796 kcal 7.45  
**Caramel and chocolate chip cheesecake**, chocolate sauce 742 kcal 7.95  
**Dark chocolate posset**, praline crunch, orange sorbet (vg, gf) 739 kcal 7.95  
**Bramley apple and blackberry crumble tart**, blackcurrant sorbet (vg) 516 kcal 7.95  
**Sticky rhubarb, orange and stem ginger sponge**, rhubarb, vanilla custard (v) 486 kcal 7.45  
**Sticky toffee pudding**, toffee sauce, vanilla ice cream (v, gf) 752 kcal 7.95  
**Triple chocolate brownie**, chocolate sauce, vanilla ice cream (v, gf) 958 kcal 7.95  
**A selection of British farmhouse cheese**, biscuits, chutney, celery 1191 kcal 12.95  
Snowdonia Black Bomber, Blackstick's Blue, Blanche Goats Cheese, Bath Soft Brie, Smoked Cheddar

## Cheshire Farm Ice Cream and Sorbet

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Ice Cream and Sorbets; Vanilla (v, gf) 127 kcal , Strawberry (v, gf) 122 kcal , Chocolate (v, gf) 127 kcal , Raspberry Ripple (v, gf) 128 kcal , Honeycomb (v, gf) 137 kcal , Coconut (v, gf) 219 kcal , Raspberry Sorbet (vg, gf) 68 kcal , Orange Sorbet (vg, gf) 72 kcal

Three scoops 7.50, Two scoops 5.00, One scoop 2.50

## Small Pudding and a Hot Drink

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Choose a mini version of our puddings with a tea or coffee of your choice

**Mini crème brûlée**, shortbread (v, gf) 498 kcal 8.45  
**Waffle**, honeycomb ice cream, toffee sauce (v) 490 kcal 7.95  
**Triple chocolate brownie**, vanilla ice cream, chocolate sauce (v, gf) 580 kcal 8.45  
**Sticky toffee pudding**, vanilla ice cream (v, gf) 433 kcal 8.45

## Hot Drinks

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All of our hot drinks are available as decaf, and we have gluten-free, oat milk, if required. All of our hot drinks are served with a gluten free flapjack 129kcal

Cafetière of coffee (v, gf) 47 kcal 3.95	Americano (vg, gf) 0 kcal 3.75	Latte (v, gf) 128 kcal 3.95
Cappuccino (v, gf) 127 kcal 3.95	Flat white (v, gf) 47 kcal 3.95	Espresso (vg, gf) 0 kcal 3.25
Double espresso (vg, gf) 0 kcal 3.75	Selection of tea (v, gf) 24 kcal 3.95	Hot chocolate (v, gf) 298 kcal 4.45

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Adults need around 2000 kcal a day. We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients.  
v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.