



The Fox Childrens Menu

Nibbles

Garlic bread (v) 426 kcal 4.95

Garlic bread, cheese (v) 633 kcal 5.95

Mains

Roast beef, roast potatoes, gravy 681 kcal 11.95

(only available on Sunday)

Penne pasta, tomato sauce, cheese (v, gf) 461 kcal 6.95

Beef burger, melted cheese, chips, salad 621 kcal 7.95

Southern fried buttermilk chicken, salad and fries (gf) 561 kcal 7.95

Mozzarella and tomato topped 'pizza' ciabatta, fries (v) 514 kcal 7.45

Fish fingers, chips and peas (gf) 732 kcal 7.95

Puddings

Sticky toffee pudding, vanilla ice cream (v, gf) 515 kcal 4.95

Hot waffle, banana, honeycomb ice cream (v) 307 kcal 4.95

Chocolate brownie, vanilla ice cream (v, gf) 572 kcal 4.95

Hot chocolate, whipped cream, marshmallows (gf) 598 kcal 3.95

Ice Cream

Ice Cream, Raspberry Ripple (v, gf) 128 kcal , Vanilla (v, gf) 127 kcal , Strawberry (v, gf) 122 kcal ,

Chocolate (v, gf) 127 kcal

Sorbet, Blackcurrant Sorbet (vg, gf) 68 kcal , Mango Sorbet (vg, gf) 62 kcal , Raspberry Sorbet (vg, gf) 68 kcal

One scoop 0 kcal 2.50

Two scoops 0 kcal 5.00

Three scoops 0 kcal 7.50

We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

The Fox - www.fox-newport.co.uk - 01952 815 940

