

The Prae Wood Arms Children's Menu

Nibbles

Garlic bread (v) 426 kcal 4.75		Garlic bread, cheese (v) 621 kcal 4.95	
Crispy squid, sweet chilli 435	<i>kcal</i> 6.95	Halloumi fries, tomato relish (v, gf) 538 kcal	
		7.25	
Mains			
Beef burger, melted cheese, chips, salad 621 kcal 8.45			
Cod goujons, chips and peas (gf) 476 kcal 8.95			
Chicken and ham pie, chips, peas (gf) 268 kcal 8.95			
Penne pasta, tomato sauce, cheese (v, gf) 453 kcal 6.95			
Puddings			
Chocolate brownie, vanilla ice cream (v, gf) 572 kcal 5.25			
Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 515 kcal 5.25			
Cheshire Farm Ice Cream and Sorbets			
One scoop (vg, gf) 2.50	Two scoops	(vg, gf) 5.00	Three scoops (vg, gf) 7.50
Vanilla (v, gf) <i>127 kcal</i>	Chocolate (v	,gf) <i>127 kcal</i>	Strawberry (v, gf) 122 kcal
Honeycomb (v, gf) 137 kcal	Raspberry Ri	pple (v, gf) <i>128</i>	Bramley Apple Sorbet (vg, gf)

Raspberry Sorbet (vg, gf) 68 kcal

kcal

65 kcal

We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients. v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

