



The Aspinall Arms ~ Daily Menu

~ Tuesday 9th April 2024 ~

While You Wait

Cosmopolitan 9.95

Aperol Spritz 9.50

Kir Royale 7.95

Starters and Nibbles

Spiced carrot and cumin soup, warm sourdough roll (v, gfa) 530 kcal 7.25

Brie, caramelised onion and pear tart, poached rhubarb (v) 673 kcal 7.95

Smoked salmon, horseradish panna cotta, pickled fennel, orange salad 414 kcal 10.95

Sticky five spiced chicken thigh, cucumber, spring onion, hoisin and pancakes 437 kcal 8.95

Chicken liver pâté, fig chutney, toasted bloomer (gfa) 618 kcal 8.95

Nocellara, Gaeta, Cerigniona olives (vg, gf) 222 kcal 4.95

Padron peppers, sea salt (vg, gf) 131 kcal 5.50

Crispy chilli beef, cashew nuts (gf) 571 kcal 7.45

Crispy baby squid, garlic mayonnaise 433 kcal 6.95

Beetroot hummus, seeded thins (v, gf) 309 kcal 5.95

Crispy vegetable gyozas, chilli mango dip (vg) 320 kcal 5.75

Bang bang cauliflower, sesame, chilli (vg, gf) 383 kcal 5.25

Halloumi fries, tomato relish (v, gf) 538 kcal 6.75

BBQ jack fruit bao bun, pineapple salsa (vg) 219 kcal 5.95

Mains

7oz fillet of beef, dauphinoise potato, wild mushroom, pancetta, caramelised onions red wine jus (gf) 843 kcal 32.95

10oz Black Angus ribeye steak, pepper sauce, portobello mushroom, tomato, chunky chips (gf) 1394 kcal 29.95

Braised shoulder of lamb, dauphinoise potatoes, rosemary gravy (gf) 1077 kcal 24.95

Braised pork ribeye, chorizo, butter bean cassoulet saffron potatoes, salsa verde (gf) 1183 kcal 18.25

Bacon chop, fried egg, grilled pineapple, chunky chips (gf) 824 kcal 17.95

Pan-fried trout, pea and asparagus risotto, roasted cauliflower purée, salsa verde (gf) 674 kcal 20.95

Spanish fish stew, 'Suquet' almond and parsley dressing, charred sourdough bread 1134 kcal 19.95

Deep fried cod in beer batter, chips, mushy peas, tartare sauce (gf) 1257 kcal 16.95

Chicken, ham and leek pie, buttered mash, green vegetables, white wine and tarragon sauce (gf) 1333 kcal 16.95

Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1391 kcal 15.95

Add pulled BBQ beef 73 kcal 2.95

Buttermilk fried chicken burger, pancetta, guacamole, hot sauce, mayo, pickled red onion, fries 1414 kcal 16.95

Curried lentil cottage pie, saag aloo potatoes, carrot bhaji, coconut mint yoghurt (vg, gf) 581 kcal 16.95

Moroccan crispy lamb salad, cous cous, marinated apricot, lemon, mint yoghurt 953 kcal 18.95

Appleby's Cheshire cheese, onion and potato pie, green vegetables, white wine mustard sauce (v, gf) 1207 kcal 16.95

Crispy beef salad, sweet chilli sauce, roasted cashew nuts (gf) 779 kcal 16.95

Light Bites (Served 12-5pm)

Steak sandwich, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 1111 kcal 14.25

Asparagus feta pea and mint quiche, apple, celery, grape salad, potato salad (v, gf) 868 kcal 12.95

Sweetcorn maakouda fritters, muhammara, herb cous cous, tahini yogurt dressing (vg) 657 kcal 11.95

Smoked salmon with a crispy potato rosti, smashed avocado, chorizo, poached egg (gf) 876 kcal 13.95

Adults need around 2000 kcal a day.

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Sides

Chunky chips (vg, gf) 535 kcal 4.25

Garlic bread (v) 426 kcal 4.45

Garlic bread, cheese (v) 621 kcal 4.95

Fries (vg, gf) 377 kcal 4.25

Onion rings (vg, gf) 250 kcal 4.45

Mixed salad (vg, gf) 99 kcal 4.75

Puddings and Cheese

Biscoff cheesecake, raspberry sorbet (vg) 543 kcal 8.25

Rhubarb and custard tart, bitter orange purée, Sicilian lemon sorbet (v) 632 kcal 8.25

Roasted pineapple, coconut mousse, granola, mango and passion fruit coulis (vg, gf) 455 kcal 7.95

Chocolate and praline waffle, chocolate hazelnut sauce, Ferrero ice cream (v) 751 kcal 8.25

White chocolate and raspberry bread and butter pudding, vanilla custard (v) 596 kcal 7.95

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, gf) 958 kcal 7.95

Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 752 kcal 7.95

A selection of British cheeses, biscuits, quince, chutney, grapes, celery (v) 820 kcal 12.95

Quicke's Mature Cheddar, Trufflyn Goats Cheese, Appleby's Cheshire, Oxford Blue, Cropwell's Blue Shropshire

Ice Creams and Sorbet

Choose from: Vanilla, Chocolate, Strawberries & Cream, Honeycomb, Ferrero, Vegan Coconut, Vegan Raspberry Ripple, Apple Sorbet, Raspberry Sorbet, Cherry Sorbet.

One scoop (vg, gf) 2.50

Two scoops (vg, gf) 5.00

Three scoops (vg, gf) 7.50

Hot Drinks

All hot drinks are served with gluten free flapjack

Cappuccino (v, gf) 127 kcal 3.95

Latte (v, gf) 128 kcal 3.95

Espresso (vg, gf) 0 kcal 3.45

Cafetière of coffee (v, gf) 47 kcal 3.95

Double espresso (vg, gf) 0 kcal 3.75

Flat white (v, gf) 47 kcal 3.95

Americano (vg, gf) 0 kcal 3.75

Selection of tea (v, gf) 24 kcal 3.45

Hot chocolate (v, gf) 298 kcal 4.45

Macchiato (v, gf) 29 kcal 3.95

Irish coffee (v, gf) 135 kcal 6.95

Small Puddings and Hot Drinks

A mini version of our puddings with a hot drink of your choice 8.45

Sticky toffee pudding, vanilla ice cream (v, gf) 433 kcal

Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, gf) 580 kcal

Chocolate and praline waffle, chocolate hazelnut sauce, Ferrero ice cream (v) 603 kcal