# The Armoury ~ Daily Menu 

~Tuesday 19th March 2024~

## Something to whet your whistle while you wait?

Passionfruit Martini - £9.95
Espresso Martini - £9.50

## Starters and Nibbles

Leek and potato soup, warm sourdough bread ( v , gfa ) 643 kcal 7.25
Chicken liver pâté, carrot and apricot chutney, toasted bloomer (gfa) 586 keal 8.45
Whipped goats cheese, pickled rhubarb, beetroot, pistachio toasted granola (v) 396 kcal 7.95
Smoked salmon, dill cream cheese, caper and fennel salad, malted bread 423 keal 10.95
Sticky Asian pork cheek, pak choi, apple, red chillies, lime (gf) 425 keal 9.95
Sautéed wild mushrooms, garlic, spinach, toasted ciabatta, truffle oil (vg) 534 kcal 8.95
Marinated Greek olives (vg, gf) 156 kcal 4.50 Hummus, seeded thins (v, gf) 497 kcal 5.95
Carrot and red onion bhaji, mango chutney (vg, gf) 328 kcal 5.25 Sweet chilli king prawns, ciabatta 743 kcal 7.95
Crispy baby squid, garlic mayonnaise $433 \mathrm{kcal} 6.95 \quad$ Halloumi fries, tomato relish (v, gf) 538 kcal 6.95
Cauliflower fritters (vg, gf) 518 kcal 5.95
BBQ chicken wings (gf) 758 kcal 7.45
Mains
Fish pie, smoked haddock, salmon, cod, king prawns, French style peas (gf) 847 kcal 18.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts (gf) 779 kcal 16.95
Spanish fish stew, 'Suquet' almond and parsley dressing, charred sourdough bread 1134 kcal 19.95
Bacon chop, fried egg, grilled pineapple, chunky chips (gf) 824 kcal 17.95
Chicken, wild mushroom pie, buttered mash, green vegetables, white wine and tarragon sauce (gf) 1407 kcal 16.95
Braised shoulder of lamb, minted new potato cake, rosemary gravy (gf) 825 kcal 23.95
Pan fried salmon fillet, warm tartare sauce, potatoes, mussels (gf) 712 kcal 21.95
Pea and mint tortellini, vegan parmesan crisp, garden pea velouté (vg) 705 kcal 16.95
Buttercross farm pork and leek sausages, buttered mashed potatoes, onion gravy (gf) 924 kcal 16.95
Deep fried cod in beer batter, chips, mushy peas, tartare sauce (gf) 1257 kcal 16.95
English roast rump of lamb, thyme fondant potato, white bean purèe, lamb jus (gf) 739 kcal 25.95
Feather of beef braised in beer, caramelised baby onions, English mustard mash, greens (gf) 801 kcal 20.95
Pan roasted breast of chicken, Romesco sauce, bell pepper, confit potato 967 kcal 19.95
Smoked haddock and salmon fishcakes, tomato, spring onion salad (gf) 851 kcal 15.95
Tandoori halloumi burger, carrot and red onion bhaji, mango chutney, slaw and fries (v) 1407 kcal 16.95
Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1391 kcal 15.95
10oz Black Angus ribeye steak, pepper sauce, portobello mushroom, tomato, chunky chips (gf) 1394 kcal 29.95
We would recommend this steak is cooked to at least medium rare.

| Chunky chips (vg, gf) 535 kcal 4.50 | Fries (vg, gf) 377 kcal 4.50 | Bread and Butter (v) 443 kcal 2.75 |
| :--- | :--- | :--- |
| Garlic bread (v) 426 kcal 4.95 | Garlic bread, cheese (v) 633 kcal 5.95 | Buttered vegetables (v, gf) 200 kcal 4.25 |
| Onion rings (vg, gf) 250 kcal 4.45 | Peppercorn sauce (gf) 144 kcal 2.95 | Tomato, rocket salad (vg, gf) 68 kcal 4.95 |

## Light bites and Sandwiches

Char-grilled bruschetta, burrata, oven-dried tomatoes and basil pesto (v) 702 kcal 10.95
Wild mushroom leek, spinach, cheddar quiche apple, celery, grape salad (v, gf) 898 kcal 12.95
Fish finger sandwich, tartare sauce 702 kcal 10.95
Steak sandwich, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 1111 kcal 14.95
Open prawn sandwich, Marie Rose, rocket and cucumber salad (gfa) 497kcal 10.95
Puddings and Cheese
Biscoff cheesecake, raspberry sorbet (vg) 543 kcal 8.25
Hot waffle, caramelised banana, toffee sauce, vanilla ice cream (v) 838 kcal 7.45
Mint choc chip and dark chocolate Artic slice, chocolate sauce (v) 539 kcal 7.95
Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, gf) 958 kcal 7.95
Raspberry jam sponge pudding, vanilla custard (v) 548 kcal 7.95
Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 752 kcal ..... 7.95

## Cheeseboard

A selection of British farmhouse cheese, 1191 kcal 11.95 , Ashlynn Goats Cheese (v, gf) 90 kcal, Shropshire Blue (v, gf) 123 kcal , Snowdonia Black Bomber (v, gf) 207 kcal, West Country Brie (v, gf) 146 kcal

## Cheshire Farm Ice Cream and Sorbets

Choose any of the below for 2.50 per scoop

| Vanilla (v, gf) 127 kcal | Vegan raspberry ripple (vg, gf) 157 kcal | Chocolate (v, gf) 127 kcal |
| :--- | :--- | :--- |
| Strawberry (v, gf) 122 kcal | Marmalade (v, gf) 118 kcal | Baileys . (v, gf) 130 kcal |
| Mango (v, gf) 108 kcal | Bramley Apple Sorbet (vg, gf) 65kcal | Lemon Sorbet (vg, gf) 74kcal |

## Hot Drinks with a Small Pudding

Choose a mini version of our puddings with a tea or coffee of your choice
Waffle, honeycomb ice cream, toffee sauce (v) 490 kcal 8.45
Sticky toffee pudding, vanilla ice cream (v, gf) 433 kcal 8.45
Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, gf) 580 kcal 8.45

## Coffees and Hot Drinks

| Boozy iced latte $£ 8.95$ | Selection of tea (v, gf) 24 kcal 3.95 | Cafetière of coffee (v, gf) 47 kcal 3.95 |
| :---: | :---: | :---: |
| Cappuccino (v, gf) 127 kcal 3.95 | Americano (vg, gf) okcal 3.75 | Flat white (v, gf) 47 kcal 3.95 |
| Latte (v, gf) 128 kcal 3.95 | Espresso (vg, gf) okcal 3.45 | Hot chocolate (v, gf) 298 kcal 4.45 |

[^0]
[^0]:    Adults need around 2000 kcal a day. We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients. v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

