

The Physician

Children's Menu

Nibbles

Garlic bread (v) 426 kcal 5.	Chunky chips (vg, gf) 535 kcal 4.5
Garlic bread, cheese (v) 621 kcal 5.5	Crispy squid, sweet chilli 435 kcal 7.5
Fries (vg, gf) 377 kcal 4.5	Onion rings (vg, gf) 250 kcal 4.5
Halloumi fries, tomato relish (v, gf) 538 kcal 7.	Butterbean, garlic dip, seeded flatbread (v, gf) 396 kcal 7.

Mains

- Mac 'n' Cheese** (v) 1034 kcal 9.
- Mozzarella and tomato topped 'pizza' ciabatta**, fries (v) 514 kcal 10.
- Lashford's pork sausage**, chips, peas 480 kcal 10.
- Penne pasta**, tomato sauce, cheese (v, gf) 453 kcal 8.
- Beef burger**, melted cheese, chips, salad 621 kcal 10.
- Fish fingers**, chips and peas (gf) 734 kcal 10.

Puddings

- Sticky toffee pudding, vanilla ice cream** (v, gf) 515 kcal 5.
- Hot waffle, banana, honeycomb ice cream** (v) 307 kcal 5.
- Chocolate brownie, vanilla ice cream** (v, gf) 518 kcal 5.

Cheshire Farm Ice Creams and Sorbets

One scoop (vg, gf) 74 kcal 2.5 Two scoops (vg, gf) 148 kcal 5. Three scoops (vg, gf) 221 kcal 7.5

Choose from; Passion Fruit Sorbet (vg, gf) 60 kcal , Raspberry Sorbet (vg, gf) 68 kcal ,
Marmalade (v, gf) 118 kcal , Strawberry (v, gf) 122 kcal ,
Milk chocolate sorbet (v, gf) 100 kcal , Lemon Sorbet (vg, gf) 74 kcal ,
Raspberry Ripple (v, gf) 128 kcal , Vanilla (v, gf) 127 kcal , Chocolate (v, gf) 127 kcal ,
Honeycomb (v, gf) 137 kcal

We always advise you to speak to a member of staff if you have any food allergies or intolerance. We are happy to provide you with the allergen guidelines to support you in making your own menu choice; however we cannot recommend or tell you what is suitable for you to eat or drink. We declare the main fourteen allergens, but we are unable to give information on allergens outside of this. Where we offer gluten free dishes, controls are in place to ensure that dishes contain less than 20ppm gluten. There may be a risk of cross contamination during the processing stage of the ingredients by our suppliers and in our busy kitchen. This means that we can never guarantee a dish is completely free from any allergens or specific ingredients.

v - vegetarian, vg - vegan, gf - gluten free, gfa - gluten free adaptable, just ask.

