# The White Hart ~ Daily Menu 

~Tuesday 19th March 2024 ~

## Starters and Nibbles

Roasted tomato and red pepper soup, warm sourdough roll, butter (v, gfa) 533 kcal 7.45
Chicken liver pâté, clementine and cranberry chutney, toasted bloomer 534 kcal 8.75
Jerk chicken, rice and pea fritter, pineapple salsa (gf) 413 kcal 8.95
Devilled crab croquette samphire, confit lemon aioli, (gf) 332 kcal 9.95
Coriander falafel, tabbouleh, preserved lemon and tahini dressing (vg) 630 kcal 8.95
Deep fried brie, rhubarb and apple salad (v, gf) 504 kcal 8.45

| Garlic and basil Halkidiki olives (vg, gf) 174 kcal 5.25 | Prawns pil pil, roquito peppers, crostini (gfa) 567 kcal 8.45 |
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| Crispy squid, sriracha mayo (gf) 387 kcal 7.25 | Tarragon polenta, mushroom ketchup (vg, gf) 583 kcal 6.95 |
| Sticky five spiced chicken wings (gf) 464 kcal 7.45 | Crispy belly pork, apple sauce (gf) 37 kcal 7.45 |
| Hummus, seeded thins (v, gf) 497 kcal 6.25 | Halloumi fries, chilli jam (v, gf) 585 kcal 7.25 |

## Mains

Peri Peri chicken burger smashed avocado, tomato, fries 1343 kcal 16.95
Spanish fish stew, 'Suquet' almond and parsley dressing, charred sourdough bread 1134 kcal 20.95
Pan fried chicken, Gorgonzola gnocchi, smoked pancetta, button mushrooms, white wine sauce 757 kcal 19.95
7 oz fillet steak, Bearnaise sauce, portobello mushroom, tomato, chunky chips (gf) 1085 kcal 32.95
Bbq pork ribeye, sweet potato wedges charred sweetcorn salsa (gf) 966 kcal 17.95
Chicken, wild mushroom pie, buttered mash, green vegetables, white wine and tarragon sauce (gf) 1407 kcal 17.95
Steak burger, beer onions, grilled pancetta, Monterey Jack, spiced tomato mayonnaise, fries 1391 kcal 16.95
Add pulled BBQ pork 104 kcal 2.50
Deep fried cod in beer batter, chips, mushy peas, tartare sauce (gf) 1257 kcal 17.95
Pan fried salmon, caper potato cake, samphire, mussels, white wine sauce (gf) 809 kcal 24.95
Lentil bolognese tagliatelle, black olive and tomato compote, vegan parmesan shards (vg) 1194 kcal 16.95
Buttercross farm pork, honey and mustard sausages, buttered mash potatoes, onion gravy (gf) 1249 kcal 16.95
Teriyaki tofu with lime basmati rice, pickled cucumber, black sesame seed, chilli and coriander ( vg , gf) 503 kcal 16.95
Crispy beef salad, sweet chilli sauce, roasted cashew nuts (gf) 779 kcal 17.25
Asian style braised beef feather with satay crumb, rice noodle, pak choi, pineapple and pickled ginger salad 1048 kcal 21.95

## Sides

Fries (vg, gf) 377 kcal 4.95
Cauliflower cheese (v, gf) 398 kcal 5.95

Buttered vegetables (v, gf) 200 kcal 4.95

Chunky chips (vg, gf) 535 kcal 4.95
Garlic bread (v) 426 kcal 4.95
Truffle parmesan fries (gf) 453 kcal 5.95

Mixed salad (vg, gf) 99 kcal 4.45
Garlic bread, cheese (v) 633 kcal 5.95
Bearnaise sauce (v, gf) 219 kcal 3.25

## Light Bites and Sandwiches - Served Until 5pm

Smoked haddock and salmon fishcake, tomato, spring onion salad (gf) 486 kcal 14.45
Leek, ricotta and gruyère quiche, apple remoulade, warm potato salad (gf) 1096kcal 12.95
Fillet steak sandwich, Dijon tarragon mayonnaise, balsamic onions, sun blush tomatoes, fries 1001 kcal 15.95

## Puddings

Triple chocolate brownie, chocolate sauce, vanilla ice cream (v, gf) 958 kcal 8.25
Rhubarb, orange and stem ginger sponge, rhubarb, vanilla custard (v) 486 kcal 7.95
Toasted waffle, Black Forest fruits, cherry ice cream, chocolate sauce (v) 834 kcal 7.95
Mint choc chip and dark chocolate Artic slice, chocolate sauce (v) 539 kcal 8.25
Biscoff cheesecake, raspberry sorbet (vg) 543 kcal 8.95
Sticky toffee pudding, toffee sauce, vanilla ice cream (v, gf) 752 kcal 8.45
A selection of British farmhouse cheese, biscuits, chutney, celery 1191 kcal 11.95

## Cheshire Farm Ice Cream: 2.50 Per Scoop

Ice Cream; Vanilla (v, gf), Strawberry (v, gf), Salted Caramel (v, gf), Chocolate (v, gf), Honeycomb (v, gf)
Sorbets; Lemon Sorbet (vg, gf), Passion Fruit Sorbet (vg, gf), Mango Sorbet (vg, gf)

## Small Pudding and a Hot Drink

Choose a mini version of our puddings with a tea or coffee of your choice
Triple chocolate brownie, vanilla ice cream, chocolate sauce (v, gf) 580 kcal 8.45
Toasted waffle, Black Forest fruits, cherry ice cream, chocolate sauce (v) 659 kcal 8.45
Mint choc chip and dark chocolate Arctic slice, chocolate sauce (v) 274 kcal 8.45
Sticky toffee pudding, vanilla ice cream (v, gf) 433 kcal 8.45

## Coffee and Hot Drinks

| Americano (vg, gf) okcal 3.95 | Cappuccino (v, gf) 127 kcal 4.25 | Latte (v, gf) 128 kcal 4.25 |
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| Flat white (v, gf) 47 kcal 4.25 | Espresso (vg, gf) 0 kcal 3.75 | Selection of tea (v, gf) 24 kcal 3.95 |
| Hot chocolate (v, gf) 298 kcal 4.95 | Double espresso (vg, gf) 0 kcal 3.95 |  |
| Children's Mains |  |  |
| Beef burger, melted cheese, chips, salad 621 kcal 7.95 | Penne pasta, tomato sauce, cheese (v) 270 kcal 6.95 <br> Cumberland sausage, chips, garden peas (gf) 687 kcal 7.95 | Deep fried cod in beer batter, chips, mushy peas and tartare sauce <br> (gf) 669 kcal 12.95 |

## Children's Puddings

Sticky toffee pudding, vanilla ice cream (v, gf) 515 kcal 4.95
Toasted waffle, Black Forest fruits, cherry ice cream, chocolate sauce (v) 612 kcal 4.95

Chocolate brownie, vanilla ice cream (v, gf) 518 kcal 4.95
Mint choc chip and dark chocolate Arctic slice, chocolate sauce (v
) 274 kcal 4.95

